

# MY FRIEND JACK

LINEDANCE.COM

**Count:** 80

**Wall:** 4

**Level:** intermediate

**Choreographer:** Peter Giam

**Music:** My Friend Jack by Boney M

## POINT RIGHT, TOGETHER, POINT RIGHT, SLAP RIGHT, SIDE ROCK, ROCK BACK FORWARD

- 1-4** Touch right toe to right side, touch right toe to left instep, touch right toe to right side, bring right foot up behind left leg & slap it with left hand
- 5-6-7&8** Rock right foot to right side, recover weight on left foot, right foot rock back, left foot step in place, right foot step forward

## POINT LEFT, TOGETHER, POINT LEFT, SLAP LEFT, SIDE ROCK, ROCK BACK FORWARD

- 1-4** Touch left toe to left side, touch left toe to right instep, touch left toe to left side, bring left foot up behind right leg & slap it with right hand
- 5-6-7&8** Rock left foot to left side, recover weight on right foot, left foot rock back, right foot step in place, left foot step forward

## SHUFFLE ROCK BACK, SHUFFLE ¼ TURN LEFT, SHUFFLE

- 1&2-3-4** Shuffle to right on right left right, rock back on left, rock weight forward onto right
- 5&6-7&8** Shuffle on left right left making ¼ turn to left, shuffle to right on right left right

## VINE LEFT, KNEE & HIP CIRCLE

- 1-4** Step left to left side, step right behind left, step left to left side, cross right in front of left
- 5-8** Touch left toe forward, circle knee & hip to the left twice

## KICK BALL CHANGE TWICE, SHUFFLE ¼ TURN LEFT, SHUFFLE

- 1&2** Kick forward with left foot, rock back with ball of left foot, recover weight forward to right foot
- 3&4** Kick forward with left foot, rock back with ball of left foot, recover weight forward to right foot
- 5&6-7&8** Shuffle on left right left making ¼ turn to left, shuffle to right on right left right

## POINT FRONT, SIDE, SAILOR STEP TWICE

- 1-2-3&4** Point left toe to front, side, cross left behind right, step right to right, step left to left

**5-6-7&8** Point right toe to front, side, cross right behind left, step left to left, step right to right

### **KICKS SHUFFLES TWICE**

**1-2-3&4** Kick left foot forward twice, left forward shuffle

**5-6-7&8** Kick right foot forward twice, right forward shuffle

### **PIVOT ½ RIGHT, SHUFFLE, PIVOT ½ LEFT, SHUFFLE**

**1-2-3&4** Step left foot forward making ½ turn to right, step forward left right left

**5-6-7&8** Step right foot forward making ½ turn to left, step forward right left right

### **VINE LEFT, SHUFFLE ¼ TURN LEFT, PIVOT ½ TURN LEFT, SHUFFLE**

**1-2-3&4** Step left to left, cross right behind left, step left to left making ¼ turn to left, step forward right left

**5-6-7&8** Step right forward making ½ turn to left, step forward right left right

### **FORWARD CROSS TOUCHES, IN IN STOMP CLAP**

**1-4** Cross left foot in front right foot, touch right toe to right side, cross right foot in front left foot, touch left toe to left side

**5-8** Step left foot in place, step right foot beside left, stomp left foot & clap hands

### **REPEAT**

### **TAG**

**At the end of wall 3, you need to add 4 counts**

**1&2** Jump forward on right, left, clap

**3&4** Jump backward on right, left, clap