

# Lose My Mind

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**Count:** 40

**Wall:** 4

**Level:** Beginner / Improver

**Choreographer:** Bobbey Willson - June 2015

**Music:** Lose My Mind by Brett Eldredge

## Double Clap at beat 16, Begin Routine at beat 17

### Sec 1: Walk R L, Heel Switches RL, R Step 1/2 R Step 1/2

- 1 2 Step slightly fwd R, Step slightly fwd L
- 3&4& Tap R heel fwd, Step R to L, Tap L heel fwd, Step L to R
- 5 6 7 8 Step R, Turn 1/2 left and shift weight to L x2 (arms out)

### Sec 2: R Tap R Kick, R Step-back L Coaster, R Jazzbox

- 1 2 Tap R Heel fwd, Kick R fwd
- 3&4& Step back R, Step back L, Step back R, Step fwd L
- 5 6 7 8 Cross R over L, Step back L, Step back R, Step L

### Sec 3: L Weave Ext Sync, R Side L Cross, R Step Together Step

- 1 2 Cross R over L, Step L to left
- 3&4& Step R behind L, Step L to left, Cross R over L, Step L to left
- 5 6 Step R to right, Cross L over R
- 7&8 Step R to right, Step L to R, Step R to right

### Sec 4: Sweep L 1/4 right Pivot 1/2 left and sweep L, Triple LRL, Steps & Scuffs

- 1 2 Turn 1/4 right and sweep L over R, Pivot 1/2 left and sweep L keep wt on R
- 3&4 Step L to R, Step R, Step L
- 5 6 7 8 Step R, Scuff L, Step L, Scuff R

### Sec 5: Heel Switches R L, Heel Switches R L, Step R 1/2 left x2

- 1&2& Tap R heel fwd, Step R to L, Tap L heel fwd, Step L to R
- 3&4& Tap R heel fwd, Step R to L, Tap L heel fwd, Step L to R
- 5 6 7 8 Step R, Turn 1/2 left and shift weight to L x2 (arms out)

### Tag: After Wall 2 - 4 Counts

## **Steps in place R L Touch R Double-Clap**

**1 2 3 4** Step R, Step L, Touch R, Hold and Clap 2x

**Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script.**

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