

# MY HEART CRIES FOR YOU

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**Count:** 24

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Judith Campbell

**Music:** My Heart Cries For You by Dave Sheriff

## WALTZ STEP FORWARD & BACK FORMING A BOX

**1-3** Step forward on right foot, step left to left side, step right next to left

**4-6** Step back on left foot, step right to right side, step left next to right

## WALTZ FORWARD WITH ½ TURN - STEP LOCK

**1-3** Step forward on right foot, turning ½ to right - step back on left foot, step right next to left

**4-6** Step forward diagonally left on left foot, step right up behind left, step forward on left

## TWINKLE WITH ½ TURN - FULL ROLL FORWARD

**1-3** Step right over left, step left to left side, turning ½ to right step forward on right foot

**4-5** Step forward on left foot, turning ½ to left -step back on right foot

**6** Turning ½ to left step forward on left foot

## 3 SWAYS RIGHT-LEFT-RIGHT - ROCK BACK/FORWARD & ¼ TURN

**1-3** Step right foot to right pushing right hip to right, sway to left, sway to right

**4-5** Rock/step back onto left foot, leave right heel on floor, rock forward onto right foot

**6** Slide left foot in next to right foot as you turn ¼ right

## REPEAT

**You might like to try this harder step rather than just a waltz with a ½ turn on the second lot of 6 counts (waltz forward with ½ turn). Try hooking the right foot under left knee on the count 2. This is done at the same time as you step back on the ½ turn. Then step right foot down as in count 3, then step lock step (4, 5, 6).**