

# OLD MAN RHYTHM

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**Count:** 32      **Wall:** 4      **Level:** beginner east coast swing

**Choreographer:** Norma Jean Fuller & Mr. T. Haynes

**Music:** Sea Cruise by Scooter Lee

## STEP HITCH, STEP HITCH, BOOGIE WALKS BACK

- 1-2      Step right forward, hitch left leg scooting forward on right
- 3-4      Step left forward, hitch right leg scooting forward on left
- 5-6      Small step back on right, small step back on left
- 7-8      Repeat steps 5-6

**Styling:** shoulder drops right, left, right, left with pointer fingers pointing to floor on steps 5-8

## VINE RIGHT, SIDE ROCK RECOVER CLAP, ROCK BACK RECOVER CLAP

- 1-2      Step to right on right, cross left behind right
- 3-4      Step to right on right, step cross left in front of right
- 5-6      Rock side right on right, recover left with a clap
- 7-8      Rock back on right, recover left with a clap

## STEP HOLD, ¼ TURN PIVOT, HOLD, STEP HOLD, STEP HOLD

- 1-2      Step right forward, hold
- 3-4      Pivot turn ¼ left with weight on left, hold
- 5-6      Step right forward, hold
- 7-8      Step left forward, hold

## TOE STRUTS FORWARD, ROCK STEPS

- 1-2      Right toe forward bending knee slightly, step down on heel
- 3-4      Left toe forward bending knee slightly, step down on heel
- 5-6      Rock right forward, recover to left
- 7-8      Rock right back, recover to left

## REPEAT