

# Holy Cowgirl!

LINEDANCE.COM

**Count:** 48

**Wall:** 4

**Level:** Beginner

**Choreographer:** Rosie Multari (Aug 2014)

**Music:** Holy Cowgirl by J. Michael Harter

## Start on vocals (32 counts in)

### [1-8] LINDY RIGHT, ROCKIN' CHAIR\*

**1&2, 3,4** Step R to side(1), step L next to R(&), step R to side(2), rock L behind R(3), Recover weight to R (4)

**5-8** Rock forward L (5), recover weight onto R (6), rock back L (7), recover weight onto R (8)

**\*Option: Step forward L (5), Pivot ½ turn right, weight on R (6), Step forward L (7), Pivot ½ turn right, weight on R (8)**

### [9-16] LINDY LEFT, ¼ TURN, POINT

**1&2, 3,4** Step L to side(1), step R next to L(&), step L to side(2), rock R behind L(3), Recover weight to L (4)

**5-8** Step forward R (5), Pivot 1/4 turn left, weight on L (6), cross R over L (7), Point L to the side (8)

### [17-24] BACK STEP & POINT, ROCK & SHUFFLE

**1-4** Step back L (1), point R (or Kick) to side(2), step back R(3), point (or Kick) L to side(4)

**5,6,7&8** Rock back L (5), recover weight R (6), Shuffle forward LRL(7&8)

### [25-32] HIP BUMPS (or HEEL STRUTS\*\*) with ¼ TURN LEFT

**1&2, 3&4** Step forward R bumping hip(1),bump L hip(&)bump R hip(2), Step forward L bumping hip(3),bump R hip(&)bump L hip(4)

**5&6, 7&8** Turn ¼ left as you step forward R bumping hip(5),bump L hip(&) bump R hip(6), step forward L bumping hip(7),bump R hip (&), bump L hip(8)

### \*\*Option:-

**1-4** Tap R heel forward (1), shift weight to R foot(2), tap L heel forward(3), shift weight to L foot (4)

**5-8** Turn ¼ left as you tap R heel forward (5), shift weight to R foot(6), tap L heel forward(7), shift weight to L foot (8)

### **[33-40] LINDY RIGHT & LEFT**

**1&2,3,4** Step R to side(1), step L next to R(&), step R to side(2), rock L behind R(3), Recover weight to R (4)

**5&6, 7,8** Step L to side(5), step R next to L(&), step L to side(6), rock R behind L(7), Recover weight to L (8)

### **[41-48] HIP ROLL $\frac{1}{4}$ TURN LEFT, HIP BUMPS**

**1-4** Step forward R (1),  $\frac{1}{8}$  turn left shifting weight onto L (2), Step forward R (3),  $\frac{1}{8}$  turn left shifting weight onto L (4)

### **Styling tip: roll left hip counterclockwise on counts 2 & 4**

**5&6, 7&8** Step in place R, bumping hip(5), bump L hip(&) bump R hip(6), step in place L bumping hip(7), bump R hip (&), bump L hip(8)

### **Enjoy!**

**NB: If you'd like to end on the front wall, when you're dancing the final Wall 6 (3 o'clock), the first  $\frac{1}{4}$  pivot left will take you to the front wall, then ignore the next  $\frac{1}{4}$  turn, and hip bump or heel strut forward until the music fades, Ta Da!**

**Contact: [multari@aol.com](mailto:multari@aol.com)**