

HAZARD TO YOUR HEALTH

LINEDANCE.COM

Count: 64

Wall: 4

Level: intermediate/advanced

Choreographer: Seth Lilly

Music: Heartbreaker by Danity Kane

SLIDE, STEP, KICK, CROSS, COASTER, STEP ¼, SAILOR ¼

- 1-2** Slide right to right side, step left next to right
- 3&4** Kick right forward, step right over left, step left back
- &5-6** Step right next to left, step left forward, step right to right side
- 7&8** Turn ¼ left and step left behind right, step right beside left, turn ¼ left and step left forward (6:00)

SCUFF, STEP, DRAG, ROCK AND CROSS, STEP ¼, STEP ½, SWEEP ½, SAILOR

- &1-2** Scuff right forward, step right to right side (toe turned out), drag and step left next to right
- 3&4** Turn ¼ right and rock right to right side, recover on left, cross right over left
- 5-6-7** Turn ¼ left and step left forward, turn ½ left and step back on right, turn ½ left and rondé left foot from front to back

Sweeping left foot around on that last ½ turn

- 8&1** Step left behind right, step right beside left, step left to left side

LOOK, SYNCOPATED JAZZ ¼, SAILOR, STEP, SAILOR

- 2** Look to right side
- 3&4** Cross right over left, step back on left, turn ¼ right and step forward on right (9:00)
- 5&6** Step left behind right, step right beside left, step left to left side
- 7** Step right out to right side
- 8&1** Step left behind right, step right beside left, step left to left side

STEP, SAILOR ¼, WALK, STEP, STEP, DRAG ½

- 2** Step forward on right
- 3&4** Step left behind right, turn ¼ left and step right beside left, step left to side (6:00)
- 5-6** Walk forward on right to left diagonal, step left next to right centering at 6:00 wall
- 7-8** Step back on right, turn ½ right and step left next to right (12:00)

ROCK, RECOVER, STEP ½, SAILOR, CROSS ¼, COASTER ¼

- 1-2 Rock right to right side, recover on left
- 3 Turn ½ and step side right (6:00)
- 4&5 Step left behind right, step right beside left, step left to left side
- 6 Turn ¼ right and cross right over left (9:00)
- 7&8 Turn ¼ right and step back on left, step right beside left, step left forward (12:00)

SKATE, SKATE, STEP, SAILOR ¼, CROSS, STEP ¼, STEP ¼, STEP

- 1-2-3 Skate forward on right, skate forward on left, step forward on right
- 4&5 Step left behind right, step right beside left, turn ¼ right and step left forward (9:00)
- 6 Cross right over left
- 7&8 Turn ¼ right and step left back, step right out to right, turn ¼ right and step left forward to right diagonal (3:00)

ROCK, RECOVER, HITCH, OUT, OUT, IN, CROSS, STEP, SAILOR ¼, WALK

- 1&2 Rock right forward, recover on left, hitch right and look to right side
- &3 Step right out to right side, step left out to left side
- &4-5 Step right back in place, cross left over right, step back on right (3:00)
- 6&7 Step left behind right, step right beside left, turn ¼ left and step left forward (12:00)
- 8 Walk forward on right

WALK, WALK, HITCH ½, SHUFFLE ½, STEP, PIVOT ½, STEP, STEP ¼, STEP ½ CROSS

- 1-2 Walk forward on left, walk forward on right
- &3&4 Turn ½ left and hitch left, shuffle turn ½ left stepping left, right, left (12:00)
- 5-6 Step right forward, turn ½ to left (weight to left) (6:00)
- 7&8& Step forward on right, turn ¼ right and step left out to left side, turn ½ right and step right out to right side, cross left over right

REPEAT

RESTART

Restart on 2nd wall after 32 counts