

# Honesty

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**Count:** 48

**Wall:** 4

**Level:** Intermediate Cha Cha (88bpm)

**Choreographer:** Dee Musk (UK) (Jan 08)

**Music:** 'All This Woman Needs' Rissi Palmer – Album – Rissi Palmer

**Intro: 16 Counts from first beat, start on the word 'Flowers'. Approx 11 seconds.**

**SIDE ROCK RECOVER CROSS, SIDE ROCK & CROSS, RONDE SWEEP, SWEEP BALL STEP.**

- 1,2,3** Rock R to R side, recover weight to L, cross R over L.  
**4&5** Rock L to L side, recover weight to R, cross L over R.  
**6,7** Point R toe out to R side, step R slightly behind L.  
**8&1** Sweep L anticlockwise, step L behind R, step R forward. (12 o'clock).

**MAKE ¼ TURN R, CROSS SHUFFLE, SWAY SWAY, SAILOR ½ TURN R.**

- 2,3** Step forward on L, make a ¼ turn R.  
**4&5** Cross step L over R, step R to R side, Cross step L over R.  
**6,7** Sway R to R side, sway L to L side.  
**8&1** Making a ½ turn R cross step R behind L, step L to L side, step R in place. (9 o'clock).

**SKATE SKATE, CROSS ROCK SIDE, CROSS ROCK, CHASSE ¼ TURN R.**

- 2,3** Skate L, Skate R.  
**4&5** Cross rock L over R, recover weight to R, step L to L side.  
**6,7** Cross rock R over L, recover weight to L.  
**8&1** Step R to R side, close L beside R, make a ¼ turn R stepping forward on R. (12 o'clock).

**STEP ½ TURN R, SIDE ROCK & TOUCH, TOUCH SIDE, CROSS, SIDE ROCK & CROSS.**

- 2,3** Step forward on L, make a ½ turn R.  
**4&5** Rock L to L side, recover weight to R, cross touch L over R.  
**6,7** Touch L out to L side, cross L over R.  
**8&1** Rock R out to R side, recover weight to L, cross R over L. (6 o'clock).

**BACK SIDE, STEP LOCK STEP, BACK ROCK, L TURN BALL STEP.**

- 2,3** Step back on L, step side on R.

- 4&5** Step forward on L, cross lock R behind L, step forward on L.
- 6,7** Rock back on R, recover weight to L.
- 8&1** Make a ½ turn L stepping back on R, step L beside R, step forward on R. (12 o'clock).

**MAKE ½ TURN R, ¼ TURN R, CROSS ROCK ¼ TURN L, STEP ¾ TURN L, SIDE CLOSE.**

- 2,3** Make a ½ turn R stepping back on L, make a ¼ turn R stepping side on R.
- 4&5** Cross rock L over R, recover weight to R, make a ¼ turn L stepping forward on L.
- 6,7** Step forward on R, make a ¾ turn L weight ending on L.
- 8&** Step R to R side, close L beside R. (9 o'clock).

**Begin again.**

**Restart during wall 5 - Dance to count 4 on section 2. Restart dance facing 3 o'clock wall.**

**Optional Ending on wall 7- For a smooth finish dance up to count 7 (L crossed over R) on section 4 then unwind ½ turn R to face 12 o'clock wall.**

**Relax and Enjoy Luv Dee xx**