

MEAT & POTATO MAN

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Count: 32

Wall: 4

Level: beginner/intermediate

Choreographer: Malcolm Russell

Music: Meat & Potato Man by Alan Jackson

LEFT FORWARD, ½ PIVOT, KICK BALL CHANGE (TWICE)

1-4 Step left forward, pivot ½ turn right, left kick ball change

5-8 Repeat steps 1-4

LEFT VINE WITH RIGHT IN PLACE, RIGHT SWIVEL HEELS, TOES, HEELS, CENTER

9-12 Left to side, right behind, left to side, right in place

13-16 Swivel heels right, toes right, heels right, toes center

RIGHT VINE WITH ¼ TURN RIGHT, LEFT SWIVEL HEELS, TOES, HEELS, CENTER

17-20 Right side, left behind, right side making ¼ turn right, left together

21-24 Swivel heels left, toes left, heels left, toes center

RIGHT ROCK FORWARD, BACK, ½ TURN SHUFFLE, ROCK FORWARD, BACK, STEP BACK, TOGETHER

25-28 Right rock forward, left rock back, right ½ turning shuffle to right

29-32 Left rock forward, right rock back, step left back, right step in place

REPEAT