

BANG A GONG

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Count: 48

Wall: 2

Level: beginner/intermediate

Choreographer: Linda Moore

Music: Get It On (Bang A Gong) by Marc Bolan & T. Rex

HEEL BALL CROSS RIGHT TWICE, RIGHT ROCK, CROSS SHUFFLE

- 1&2** Touch right heel forward, step right slightly back, cross left over right
- 3&4** Touch right heel forward, step right slightly back, cross left over right
- 5-6** Rock to right side on right, rock onto left in place
- 7&8** Cross right over left, step left to left side, cross right over left

LEFT ROCK, BEHIND ¼ TURN STEP, RIGHT FORWARD ROCK, RIGHT COASTER STEP

- 1-2** Rock to left side on left, rock onto right in place
- 3&4** Step left behind right, ¼ turn right stepping right, step left
- 5-6** Rock forward on right, rock back onto left
- 7&8** Step back right, step left beside right, step forward right

HEEL BALL CROSS LEFT TWICE, LEFT ROCK, CROSS SHUFFLE

- 1&2** Touch left heel forward, step left slightly back, cross right over left
- 3&4** Touch left heel forward, step left slightly back, cross right over left
- 5-6** Rock to left side on right, rock onto right in place
- 7&8** Cross left over right, step right to right side, cross left over right

RIGHT ROCK, BEHIND ¼ TURN STEP, LEFT FORWARD ROCK, LEFT COASTER STEP

- 1-2** Rock to right side on right, rock onto left in place
- 3&4** Step right behind left, ¼ turn left stepping left, step right
- 5-6** Rock forward on left, rock back onto right
- 7&8** Step back left, step right beside left, step forward left

RIGHT HEEL & TOE ¼ TURN LEFT, LEFT HEEL & TOE ¼ TURN LEFT, RIGHT FORWARD ROCK, RIGHT COASTER STEP

- 1&2** Touch right heel forward, step right beside left making ¼ turn left, touch left toe forward
- 3&4** Touch left heel forward, step left beside right making ¼ turn left, touch right toe forward

5-6 Rock forward on right, rock back onto left

7&8 Step back right, step left beside right, step forward right

**LEFT HEEL & TOE ¼ TURN LEFT, RIGHT HEEL & TOE ¼ TURN LEFT, LEFT FORWARD
ROCK, LEFT COASTER STEP**

1&2 Touch left heel forward, step left beside right making ¼ turn left, touch right toe forward

3&4 Touch right heel forward, step right beside left making ¼ turn left, touch left toe forward

5-6 Rock forward on left rock back onto right

7&8 Step back left, step left beside right, step forward left

REPEAT