

Lady Grace

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Yvonne Anderson , Scotland, (Dec 2011)

Music: Ms Grace, by The Tymes. Albums: AM Radio Gold (remastered) and - The Very Best of the Tymes, (bpm 117)

Note track is widely available on various compilation Cd's, track length 3.22.

Notes: Start on main vocal.

The numbers in brackets [] indicate which wall you should be facing at the end of each movement.

[1-8] R SIDE, BEHIND, BALL-CROSS, TOUCH, CROSS, TOUCH, CROSS, UNWIND 1/2 TURN RIGHT

1-2 Step R to right, Step L behind right [12]

&3-4(&) Step ball of R to right, Step L across right, Touch R toes to right [12]

5-6 Step R forward and across left, Touch L toes to left [12]

7-8 Step L forward and across right, Unwind 1/2 turn right weight ends on L [6]

[9-16] JUMP BACK, HIP BUMPS, ROLLING 1 1/4 TURN RIGHT, BRUSH

&1(&) Step R back to right, Step L back to left (feet now shoulder width apart) [6]

2-4 Bump hips L, R, L [6]

5-8 Make 1/4 turn right stepping R forward, Make 1/2 turn right stepping L back, Make 1/2 turn right stepping R forward, Step L forward [9]

(Easier option counts 5-8, Grapevine 1/4 turn, Step forward left)

[17-24] TOUCH & HEEL X 2, LEFT COASTER STEP, FORWARD RIGHT DIAGONAL STEP, SLIDE

1&2 Touch R toes beside left heel, (&) Step R back, Touch L heel forward, [9]

&3&4(&) Step L in place, Touch R toes beside left heel, (&) Step R back, Touch L heel forward [9]

5&6 Step L back, (&) Step R beside left, Step L forward [9]

7-8 Step R forward to right diagonal (angle body to left), Slide L toes to right squaring off to corner [10.30]

[25-32] FORWARD LEFT DIAGONAL STEP, TOGETHER, STEP, HOLD, HINGE 1/2 TURN RIGHT

1-4 Step L forward to left diagonal, Slide R beside left, Step Left forward to left diagonal, Hold [7.30]

5-8 Step R across left, Make 1/4 turn right stepping L back, Make 1/4 turn right stepping R to side, Step L across right squaring off to wall [3]

REPEAT