

# One Last Dance

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**Count:** 40      **Wall:** 2      **Level:** Intermediate NC2S

**Choreographer:** Maria Maag and Jannie Tofte Andersen

**Music:** Just One Last Dance by Sarah Connor and Marc Terenzi

## 16 counts intro

**½ R SWEEP L, JAZZ BOX ¼ L, 1 ¼ L, BASIC R, SWAY L, ¼ R, STEP L**

- 1** Turn ½ R stepping fw on R, sweeping L around from back to front (1) 06:00
- 2&3** Cross L over R (2), ¼ L stepping R back (&), step L fw (3) 03:00
- 4&5 ½ L stepping R back (4), ½ L stepping L fw (&), ¼ L stepping R to R side (5) 12:00**
- 6&7** Close L behind R (6), cross R over L (&), step side L with sway (7) 12:00
- 8& ¼ R stepping R fw (8), step L fw (&) 03:00**

**½ R, STEP ½ R, STEP ½ R, RUN L, R, L, COASTER STEP R, SCUFF HITCH POINT BACK L**

- 1** Turn ½ R stepping R fw (1) 09:00
- &2** Step L fw (&), turn ½ R stepping R fw (2) 03:00
- &3** Step L fw (&), turn ½ R stepping R fw (3) 09:00
- 4&5** Run fw L (4), R (&), L (5) 09:00
- 6&7** Step back R (6), step L next to R (&), step R fw (7) 09:00
- &8&** Scuff L fw (&), hitch L (8), point L back (&) 09:00

**½ L SWEEP R, WEAVE SWEEP L, BEHIND SIDE CROSS ROCK, BACK BACK, SIDE R, RUN DIAGONALLY FW L, R,**

- 1** Turn ½ L stepping down onto L sweeping R around (1) 03:00
- 2&3** Cross R in front of L (2), step L to L (&), cross R behind L sweeping L around (3) 03:00
- 4&5** Cross L behind R (4), step R to R side (&), cross rock L over R (5) 04:30
- 6&7** Recover R (6), run back L (still diagonal) (&), step R to side(squaring to your 6 o'clock wall) (7) 06:00
- 8&** Run diagonally fw L (8), R (&) 07:30

**SIDE L, ¾ SWEEP R, ¾ R TRIPLE, ¼ PREP R, ½ L SWEEP, JAZZ BOX ¼ R, ROCK BACK, CROSS ¼ R**

- 1 Step L to L side (squaring up to your 9 o'clock wall) sweeping R around  $\frac{3}{4}$  R (1) 06:00
- 2&3 Step fw R (2), turn  $\frac{1}{2}$  R stepping L back (&),  $\frac{1}{4}$  R stepping R to side (3) 03:00
- 4-5 Turn  $\frac{1}{4}$  R as a prep keeping weight on R (3),  $\frac{1}{2}$  turn L stepping L fw sweeping R around (5) 12:00
- 6&7 Cross R over L (6), turn  $\frac{1}{4}$  R step L back (&), rock back R (7) 03:00
- 8& Recover onto L (8), turn  $\frac{1}{4}$  R crossing R in front of L (&) 06:00

**SIDE L FIGURE 4  $\frac{1}{2}$  R, DIAGONALLY FW R, STEP  $\frac{1}{2}$  R, COASTER STEP R, STEP LOCK STEP L, ROCK STEP FW R**

- 1 Step L to side, turn  $\frac{1}{2}$  figure 4 R (1) 12:00
- 2&3 Step diagonally fw R (2), step diagonally fw L (&), turn  $\frac{1}{2}$  R keeping weight back on L (3) 07:30
- 4&5 Step back R (4), step L next to R (&), step R fw (squaring up to your 6 o'clock wall) (5) 06:00
- 6&7 Step L fw (6), lock R behind L (6), step L fw (7) 06:00
- 8& Rock fw on R (8), recover back onto L (&) 06:00

**Note: Think of this step as mambo  $\frac{1}{2}$  R to start the dance over again R**

**START AGAIN**

**TAG: at the end of wall 1 (starts facing 6 o'clock)**

**Step together R, Rock L fw**

- 1-2 Step R next to L (1), Rock L fw (when you recover it's with a  $\frac{1}{2}$  turn R, to start again) (2) 06:00

**Restart - On wall 3 (starts facing 12 o'clock)**

**SIDE L,  $\frac{3}{4}$  SWEEP R,  $\frac{3}{4}$  R TRIPLE,  $\frac{1}{4}$  PREP R,  $\frac{1}{2}$  L SWEEP, JAZZ BOX  $\frac{1}{4}$  R, ROCK BACK, CROSS  $\frac{1}{4}$  R**

- 1 Step L to L side (squaring up to your 9 o'clock wall) sweeping R around  $\frac{3}{4}$  R (1) 06:00
- 2&3 Step fw R (2), turn  $\frac{1}{2}$  R stepping L back (&),  $\frac{1}{4}$  R stepping R to side (3) 03:00
- 4& Turn  $\frac{1}{4}$  R as a prep keeping weight on R (4), recover back L (&) 06:00

**Restart: Turn  $\frac{1}{2}$  R stepping fw on R, sweeping L around from back to front (1) 12:00**

**Ending - to face your 12 o'clock wall:**

**You finish the dance doing your mambo  $\frac{1}{2}$  turn R, with a sweep (then facing 6 o'clock)  
- continue the sweep around another  $\frac{1}{2}$  turn to face 12 o'clock.**

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