

Nerves of Steel

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Count: 44

Wall: 2

Level: Intermediate NC2S

Choreographer: Rep Ghazali -Meaney, Scotland (Jan. 2016)

Music: Heart Half Empty by Ty Herndon & Stephanie Bentley

#10 count intro start on vocal, available on download from iTunes and Amazon

**[01-09] R BASIC, L SIDE-R BEHIND- $\frac{1}{4}$ TURN L, SPIRAL $\frac{3}{4}$ TURN L, L SIDE-TOGETHER-L
DIAGONAL FORWARD, R MAMBO $\frac{1}{2}$ TURN**

1-2&big step Right to Right side, rock back Left, recover on Right

3-4&big step Left to Left side, step Right behind Left, $\frac{1}{4}$ turn Left stepping forward Left (9)

5step forward Right and make a spiral $\frac{3}{4}$ turn Left and weight still on Right (12)

6&7step Left to Left side, step Right together, step diagonally forward Left on Left (10.30)

**8&1rock forward Right, recover on Left, step forward Right to face opposite Right corner
(4.30)**

**[10-17] PRISSY WALK L &R. L SWEEP CROSS-BACK-BACK DRAG, R BEHIND-SIDE-FWD, L
STEP- $\frac{1}{2}$ TURN-STEP**

2-3cross walk Left over Right, cross walk Right over Left (4.30)

**4&5sweep and cross Left over Right, step back Right, big step back on Left and dragging
Right together (4.30)**

**6&7step Right behind Left, step forward Left to face Left corner (1.30), step forward Right
(1.30)**

**8&1step forward Left, $\frac{1}{2}$ pivot turn Right to face the opposite corner (7.30), step forward
Left (7.30)**

**[18-24] FULL TURN L, STEP- $\frac{1}{2}$ PIVOT, R RUN-L RUN-R ROCK FWD, RECOVER L-& $\frac{1}{2}$ TURN
L, FULL SPIRAL L**

**2&3& $\frac{1}{2}$ turn Left stepping back Right (1.30), $\frac{1}{2}$ turn Left stepping forward Left (7.30), step
forward Right, $\frac{1}{2}$ pivot turn Left (1.30)**

4&5run small step forward Right, run small step forward Left, rock forward Right (1.30)

6&7recover on Left (1.30), step Right together, make $\frac{1}{2}$ turn Right as you step forward on Left to face the opposite corner (7.30)

8step forward Right and make a spiral full turn Left and weight still on Right (7.30)

[25-32] L SHUFFLE FWD, R SWEEP CROSS-L SIDE-R TOUCH, R BUMP-L BUMP-R SIDE, WEAVE R

TOUCH

1&2step forward Left, step Right together, step forward Left (7.30)

3&4sweep Right and cross step over Left, $\frac{1}{8}$ turn Left squaring to back wall stepping Left to Left side, touch Right together (6)

5&6with Right touching Left do hip bump to Right, hip bump to Left, big step Right to Right side

7&8&cross Left behind Right, step Right to Right, cross Left over Right, touch Right together (6)

Restart: 2nd wall

[33-40] R BASIC & L BASIC, R FWD, L STEP- $\frac{1}{2}$ TURN- $\frac{1}{2}$ TURN, R ROCK BACK-RECOVER

1-2&big step Right to Right side, rock back Left, recover Right

3-4&big step Left to Left side, rock back Right, recover Left

5step forward Right

6&7step forward Left, $\frac{1}{2}$ pivot turn Right, $\frac{1}{2}$ turn Right stepping back on Left

8&rock back Right, recover on Left (6)

[41-44] PRISSY WALK R & L, R FWD- $\frac{1}{2}$ PIVOT X2

1-2cross walk Right over Left, cross walk Left over Right

3&4&step forward Right, $\frac{1}{2}$ pivot turn Left, step forward Right, $\frac{1}{2}$ pivot turn Left (6)

RESTART: 2nd wall dance up to count 32 and Restart facing front wall

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=108738