

# High Times

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**Count:** 32      **Wall:** —      **Level:** Beginner / Improver

**Choreographer:** Ann Helmore, Lazy Boots Western Dancers - Jun 2015

**Music:** High Time by Kacey Musgraves, 120bpm, CD: Pageant Material

**Note: you only get one word intro 'It's' to get weight onto left foot, then start on the word 'High'**

**Right Side Step, Together, Step Forward, Hold, Left Side Step, Together, Step Forward, Hold**

- 1-2      Step Right foot to right side, Step Left foot next to right
- 3-4      Step right foot forward, Hold
- 5-6      Step Left foot to left side, Step right foot next to left
- 7-8      Step left foot forward, Hold

**Step Back, Sweep, Step Back, Sweep, Back, Lock, Back, Hold**

- 1-2      Step back on right foot, Sweep left foot out and back
- 3-4      Step back on left foot, Sweep right foot out and back
- 5-6      Step back on right foot, Lock step left foot back across right
- 7-8      Step back on right foot, Sweep left foot out and back

**Step Back, Sweep, Step Back, Sweep, Coaster Step, Hold**

- 1-2      Step back on left foot, Sweep right foot out and back
- 3-4      Step back on right foot, Sweep left foot out and back
- 5-6      Step back on left foot, Step right foot next to left
- 7-8      Step forward on left foot, Hold

**Side Rock, Recover Step Forward, Rock Forward, Recover, ¼ Turn, Touch**

- 1-2      Rock step right foot to right side, Recover weight on left foot
- 3-4      Step forward on right foot across left, Hold
- 5-6      Rock forward on left foot, Recover weight onto right foot
- 7-8      Turning ¼ turn left, step left foot to left side, Touch right toe next to left foot

**Start again. Enjoy the music!**

**TAG! At the end of the 8th wall you will be facing the front (12 o'clock), there is a short 4 count break in the music. Do the following:**

**1-2** Step right foot to right side, Touch left next to right

**3-4** Step left foot to left side, Touch right next left

**Optional Ending: The music slows to the end as you reach the end of the first 8 counts of the dance facing the back (6 o'clock wall).**

**Touch right foot behind left and unwind a half turn to the right to face the front with weight on right foot.**

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