

# Fight The Feelings

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**Count:** 32                      **Wall:** 4                      **Level:** Intermediate

**Choreographer:** Trevor Thornton (Florida, USA) OCT 2015

**Music:** "Feelings" - Maroon 5 - iTunes

## Count In: 32 count Intro

### [1 - 8] DOROTHY STEP R, ¼ TURN R, ½ HITCH, ¼ R TRIPLE, ½ TURN TRIPLE

1 - 2 &      Step fwd on diagonal R (1), step L behind R (2), step R to R (&) 12:00

3 - 4¼ turn R stepping L to L (3), ½ turn R hitching right knee up (4) 9:00

5 & 6¼ turn R stepping R to R (5), step L next to R (&), step R to R (6) 12:00

7 & 8½ turn R stepping back on L (7), step R next to L (&), step back on L (8) 6:00

**Styling On count 4, try to really make that hitch "hit" very crisp.**

### [9 - 16] ¼ TURN SIDE ROCK R, WEAVE L, ROCK, RECOVER ¼ SAILOR

1 - 2¼ turn R rocking R to R (1,) recover weight onto L (2) 9:00

3 & 4      Step R behind L (3), step L to L (&), cross R over L (4) 9:00

5 - 6      Step L swaying L (5), Recover R to R swaying R (6) 9:00

7 & 8      Step L behind R (7), ¼ turn L stepping back on R (&), step fwd on L (8) 6:00

**\*\*Re-Start here on wall 4\*\***

### [17 - 24] HEEL SWITCHES, ½ SLIDE TOGETHER, HEEL SWITCHES, ¼ L TURN SLIDE

1 & 2R heel fwd (1), step R next to L (&), L heel fwd (2) 6:00

& 3 4      Step L next to R (&), ½ turn L stepping back on R (3), slide L next to R (4) 12:00

5 & 6L heel fwd (5), step L next to R (&), R heel fwd (6) 12:00

& 7 - 8      Step R next to L (&), making ¼ turn R, slide to the L with L (7), drag R next to L (8) 3:00

**Styling Heel switches are quick, but don't rush, feel with music! Your upper body should shadow or follow your feet**

### [25 - 32] HIP BUMP X2, CROSS POINT, SIDE POINT, BACKWARDS PADDLE ½ R

- 1 - 2** Touch R fwd on R diagonal as you bump R hip fwd (1), bump hip fwd taking weight on R (2) 3:00
- 3 - 4** Touch L fwd on L diagonal as you bump L hip fwd (3), bump hip fwd taking weight on L (4) 3:00
- 5 - 6** Cross and point R toe in front of L (5), point R to R side (6) 3:00
- 7 - 8** Making a  $\frac{1}{4}$  turn R, pivot on L foot to paddle R to R (7), repeat (8) 9:00

**TAG: Happens at the end of the 8th wall ; CROSS ROCK RECOVER x2**

- 1 & 2** Cross R over L (1), rock L to L (&), recover weight to R (2) 6:00
- 3 & 4** Cross L over R (3), rock R to R (&), recover weight to L (4) 6:00

**Be prepared for this, timing is specific!**

**Contact ~ Email: TrevorT17@yahoo.com - Phone: (+1) 407-590-4753**