

# One Way Ticket

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**Count:** 32

**Wall:** 4

**Level:** Beginner / Intermediate

**Choreographer:** Norma J Fuller

**Music:** I Can't Help Myself, by Ronnie Dunn, CD: Ronnie Dunn

**L SIDE TOGETHER FORWARD, STEP FORWARD R, L, R SIDE SIDE TOGETHER BACK, STEP BACK L,R**

**1&2,3,4** Left step to side, right step beside left, left step forward, Step forward right, left

**5&6,7,8** Step right to side, left step beside right, right step back. Step back left, right

**LEFT STEP TO SIDE, RIGHT STEP ¼ TURN RIGHT, FULL TURN LEFT, STEP FORWARD R,L, FULL TURN RIGHT**

**&1-2** Left step to side, Right step ¼ turn right, left step forward

**3&4** Triple full turn left very slightly forward ending with right forward

**5-6** Short Prissy walk forward left, right

**7&8** Triple full turn right very slightly forward ending with left forward

**ROCK RECOVER, STEP BACK, STEP LOCK STEP BACK, TRIPLE ½ TURN R, STEP FORWARD L, R**

**&1-2** Rock step right forward, recover on left. Right step back

**3&4** Left step back, right lock across left, left step back

**5&6,7,8** Step back ¼ turn right on right, step left beside right, step right forward ¼ right, Step forward left, right

**SIDE ROCK RECOVER CROSS, CCW ½ TURN TO SIDE, SIDE ROCK RECOVER, CROSS STEP, SIDE STEP RIGHT**

**&1-2** Left rock to side, right recover, cross step left over right

**3-4** Step back ¼ turn left on right, step back ¼ turn left on left

**5-6-7-8** Right step to side, facing diagonal right cross step left over right, slide left next to right

**(Option: look slightly right bringing right arm up and out to side while sliding left next to right)**

**Repeat**