

# Hanging On

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**Count:** 32      **Wall:** 4      **Level:** Easy Intermediate

**Choreographer:** Fred Buckley (Oct 2013)

**Music:** Leaning On A Lonesome Song' by Gord Bamford (CD: ' Is It Friday Yet' - iTunes)

## Section 1: DIAGONAL STEP, CROSS ROCK, 1/4 TURN, STEP FORWARD, PIVOT 1/4, CROSS STEP, 1/4 TURN x2, CROSS STEP, STEP SIDE x2, SWAY

- 1 Step right to right diagonal
- 2&3 Cross rock left over right, recover onto right, turn 1/4 left and step forward on left
- 4&5 Step forward on right, pivot 1/4 turn left, cross right over left
- 6&7 Turn 1/4 right and step left back, turn 1/4 right and step right to right side, cross left over right
- &8-1 Step right to right side, step left to left side, sway right

## Section 2: LOCK STEP, FORWARD ROCK, 1/4 TURN, CROSS ROCK, 1/4 TURN, FULL TURN

- 2&3 Step left forward, lock right behind left, step left forward
- 4&5 Rock forward on right, recover onto left, turn 1/4 right and step right to right side
- 6&7 Cross rock left over right, recover onto right, turn 1/4 left and step left forward
- 8&1 Full turn left traveling forward stepping right, left, right (Alt: Lock step forward)

## Section 3: 1/4 TURN, SAILOR 1/4 TURN, STEP FORWARD, 1/4 TURN, CROSS STEP, 1/4 TURN, 1/4 TURN, CROSS STEP, STEP BACK x2

- 2 Turn 1/4 right stepping left long step to left side
- 3&4 Turn 1/4 right crossing right behind left, step left to left side, step right in place
- 5&6 Step left forward, turn 1/4 turn left, cross left over right
- 7&8 Turn 1/4 left and step right back, Turn 1/4 left and step left to left side, cross right over left
- &1 Step left back, step right back

## Section 4: COASTER STEP, FORWARD ROCK, 1/2 TURN, STEP FORWARD, STEP FORWARD, PIVOT 1/2, STEP FORWARD, BALL STEP

- 2&3 Step left back, step right beside left, step left forward
- 4&5 Rock forward on right, recover onto left, turn 1/2 right and step right forward
- 6&7 Step left forward, pivot turn 1/2 right, step left forward

**&8** Step right beside left, step left forward

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