

# NOT SO DIRTY DANCING

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**Count:** 32

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Joni Duff

**Music:** I Had The Time Of My Life by Bill Medley & Jennifer Warnes

## MAMBO FORWARD, BACK, LEFT, RIGHT

- 1&2** Step left foot forward, step right foot in place, step left foot beside right foot
- 3&4** Step right foot back, step left foot in place, step right foot beside left foot
- 5&6** Step left foot to left side, step right foot in place, step left foot beside right foot
- 7&8** Step right foot to right side, step left foot in place, step right foot beside left foot

## STEP, TURN ½ RIGHT, SHUFFLE ¼ TURN RIGHT

- 9-10** Step left foot forward, pivot ½ turn to right and step on right foot (weight on right foot)
- 11** Step left foot forward starting ¼ turn to right
- &** Step right foot next to left foot finishing turn
- 12** Step left foot next to right foot

## ROCK BACK, FORWARD, SHUFFLE FORWARD

- 13** Step back on right foot
- 14** Step left foot in place
- 15** Step right foot forward
- &** Step left foot next to right foot
- 16** Step right foot forward

## LEFT LOCK STEP, LOCK SHUFFLE

- 17** Step left foot forward and at angle to left (about 11:00)
- 18** Lock right foot behind left foot
- 19&20** Step left foot forward, right foot behind left foot, left foot forward

## RIGHT LOCK STEP, LOCK SHUFFLE

- 21** Step right foot forward and at angle to right (about 1:00)
- 22** Lock left foot behind right foot
- 23&24** Step right foot forward, left foot behind right foot, right foot forward

### **½ VINE LEFT, SWAY SHOULDERS LEFT, RIGHT, LEFT**

- 25** Step left foot to left
- 26** Step right foot behind left foot
- 27&28** Step left foot to left and sway your shoulders left, right, left

**Have fun with this by letting your body follow your shoulders so that your body has a ripple effect**

### **½ VINE RIGHT, SWAY SHOULDERS RIGHT, LEFT, RIGHT**

- 29** Step right foot to right
- 30** Step left foot behind right foot
- 31&32** Step right foot to right and sway your shoulders right, left, right

**For beats 27&28 and 31&32, hip bumps can be substituted for the shoulder moves**

### **REPEAT**