

# LUVERLY DAY

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** beginner/intermediate mambo

**Choreographer:** Larry Hayden

**Music:** Lovely Day by Rudy B

## BACK ROCK, RECOVER, STEP, HOLD, BACK ROCK, RECOVER, LARGE STEP, HOLD

**1&2** Small rock step back on left (just behind right), recover onto right, step left to left side

**3&4** Rock back on right, recover onto left, step large step with right to right

## SAILOR CROSS, HOLD, ROCK, RECOVER, CROSS, HOLD

**5&6** Cross left behind right, step right to right side, cross left over in front of right

**7&8** Rock right to right side, recover onto left, cross right over in front of left

## ½ TURN, HOLD, ¾ TURN, HOLD

**1&2** Turning ¼ turn right step back on left, turning ¼ turn right step right to right side, cross left over in front of right

**3&4** Turning ¼ turn left step back on right, turning ½ turn left step forward on the left, step forward on the right

## MAMBO FORWARD, HOLD, WALK BACK, HOLD

**5&6** Rock forward on left, recover onto right, step back on left

**7&8** Walk back right, left, right

## ROCK, RECOVER, ½ TURN RIGHT, HOLD, ROCK, RECOVER, ½ TURN LEFT, HOLD

**1&2** Rock back on left, recover onto right, turning ½ turn right step back on left

**3&4** Rock back on right, recover onto left, turning ½ turn left step back on right

## SAILOR CROSS, HOLD, ROCK, RECOVER, CROSS, HOLD

**5&6** Cross left behind right, step right to right side, cross left over in front of right

**7&8** Rock right to right side, recover onto left, cross right over in front of left

## SWAY, CROSS SHUFFLE TWICE - LEFT THEN RIGHT

**1-2** Step left to left side swaying to left, recover onto right swaying right

**3&4** Cross shuffle left, right, left

**5-6** Step right to right side swaying to right, recover onto left swaying left

**7&8** Cross shuffle right, left, right

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=29690](https://www.linedance.com/index.php?f=dance_view&id=29690)