

# One Love

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**Count:** 32                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** Yonne Emalda

**Music:** One Love by Blue

## **Intro: 16 counts**

### **Walk Forward X2, Side Mambo, Walk Back X2, Side Mambo**

- 1-2**            Walk forward on L foot, walk forward on R foot
- 3&4**            Rock L foot to L side, recover weight on R foot, step L foot beside R foot
- 5-6**            Walk back on R foot, walk back on L foot
- 7&8**            Rock R foot to R side, recover weight on L foot, step R foot beside L foot

### **Monterey ½ Turn, Toe Switches, Body Roll, Sailor ¼ Turn**

- 1-2**            Touch L toes to L side, turn ½ L stepping L foot in place
- 3&4**            Point R toes to R side, step R foot beside L foot, point L toes to L side
- 5-6**            Roll body from L to R ( 2 counts )
- 7&8**            Turn ¼ L crossing L foot behind R foot, step R foot in place, step L foot forward

### **( Rock, Recover, Behind Side Cross ) X2**

- 1-2**            Rock R foot to R side, recover weight on L foot
- 3&4**            Cross R foot behind L foot, step L foot to L side, cross R foot over L foot
- 5-6**            Rock L foot to L side, recover weight on R foot
- 7&8**            Cross L foot behind R foot, step R foot to R side, cross L foot over R foot

### **Forward Rock, Recover, Full Turn, Sailor Cross, Side Rock, Recover**

- 1-2**            Rock R foot forward, recover weight on L foot
- 3-4**            Turn ½ R stepping R foot forward, turn ½ R stepping L foot back
- 5&6**            Cross R foot behind L foot, step L foot to L side, cross R foot over L foot
- 7-8**            Rock L foot to L side, recover weight on R foot

### **Tag: After wall 3 and wall 6, add,**

### **( Behind Side Cross, Touch ) X2**

- 1-4** Cross L foot behind R foot, step R foot to R side, cross L foot over R foot, touch R toes to R side
- 5-8** Cross R foot behind L foot, step L foot to L side, cross R foot over L foot, touch L toes to L side

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=84819](https://www.linedance.com/index.php?f=dance_view&id=84819)