

# ALWAYS ON MY MIND

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**Count:** 32

**Wall:** 4

**Level:** Beginner / Intermediate

**Choreographer:** Joenan , Australia (Oct 08)

**Music:** Always On My Mind by Barbados

## Count in: 32 counts

### Step Right, Cross Rock, Recover, Step Left $\frac{1}{4}$ Turn Left, Full Turn Left, Step Forward On Right $\frac{1}{4}$ Turn Left, Step Left

- 1-4** Step Right to right side, cross rock Left over Right, recover onto Right, step Left to left side  $\frac{1}{4}$  turn left
- 5-6** Full turn left stepping forward on Right  $\frac{1}{2}$  turn left, stepping back on Left  $\frac{1}{2}$  turn left
- 7-8** Step forward on Right  $\frac{1}{4}$  turn left, step Left to left side

### Cross Step, Touch, Rock, Recover $\frac{1}{4}$ Turn Left, Hip Sways

- 1-4** Cross step Right over Left, touch Left toes to left side, rock forward on Left, recover onto Right  $\frac{1}{4}$  turn left
- 5-8** Step Left to left side and sway hips left, hold, sway hips right, sway hips left

### Rock, Recover, Triple Step $\frac{3}{4}$ Turn Right, Rock, Recover, Triple Step $\frac{1}{2}$ Turn Left

- 1-2** Rock forward on Right, recover onto Left
- 3&4** Triple step on Right, Left, Right  $\frac{3}{4}$  turn right
- 5-6** Rock forward on Left, recover onto Right
- 7&8** Triple step on Left, Right, Left  $\frac{1}{2}$  turn left

### Unwind $\frac{3}{4}$ Turn Left, Shuffle Forward, Pivot $\frac{1}{2}$ Turn Right, Shuffle Forward

- 1-2** Cross step Right over Left and unwind  $\frac{3}{4}$  turn left (weight ends on Left)
- 3&4** Shuffle forward on Right, Left, Right
- 5-6** Step forward on Left, pivot  $\frac{1}{2}$  turn right
- 7&8** Shuffle forward on Left, Right, Left

## Repeat

**Finish:** You will be facing the back wall when the music fades, just unwind  $\frac{1}{2}$  turn left to finish the dance facing front wall

