

# Move You Body

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**Count:** 32      **Wall:** 4      **Level:** Easy Intermediate

**Choreographer:** Anne Herd , Australia, March 2017 (Version 1)

**Music:** Move Your Body by Sia (Alan Walker Remix) CD: This Is Acting (Deluxe Edition) 3:37 iTunes

**Intro: Start on lyrics 16 counts in weight on L - Dance moves 1/4 CW**

## **RIGHT AND LEFT SIDE ROCK, BEHIND SIDE CROSS**

**1-2-3&4** Rock R to side, Recover to L, Cross R behind L, Step L to side, Cross R over L

**5-6-7&8** Rock L to side, Recover to R, Cross L behind R, Step R to side, Cross L over R

## **SIDE TOGETHER, SIDE SHUFFLE, CROSS ROCK, 1/4 SHUFFLE FWD.**

**1-2-3&4** Step R to side, Step L beside R, Side shuffle R stepping RLR

**5-6-7&8** Cross L over R, recover to R, Turn 1/4 L shuffle fwd. stepping LRL 9:00

## **SYNCOATED WEAVE, HIP SWAY**

**1-2&3-4** Step R to side. Step L behind R, Step R to side, Cross L over R, Step R to side

**5&6-7-8** Cross L behind R, Step R to side, Cross L over R, Step R to side as you sway hips RL

## **SIDE ROCK, CROSS SHUFFLE, 1/4 R, 1/4 R, CROSS SHUFFLE**

**1-2-3&4** Rock R to side, Recover to L, Cross shuffle R over L stepping RLR

**5-6-7&8** Turn 1/4 R stepping back on L, Turn 1/4 R stepping R to side, Cross shuffle L over R stepping LRL [3:00]

**[32]**

**Tags: There is a 4 count Tag at the end of walls 6 & 8. Add a rocking chair.**

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