

# BEST OF MY LOVE

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**Count:** 32      **Wall:** 4      **Level:** beginner

**Choreographer:** Louis James Sequeira

**Music:** Best Of My Love by The Emotions

## CROSS ROCK RECOVER, SIDE SHUFFLE TO RIGHT, BACK CROSS ROCK RECOVER, SIDE SHUFFLE TO LEFT

- 1-2**      Step right across left and rock diagonally forward, recover weight on left
- 3&4**      Side shuffle right - step side right, close left beside right, step side right
- 5-6**      Back rock on left with left cross behind right, recover on right
- 7&8**      Side shuffle to left - step side left, close right beside left, step side left

## SHOOP SHOOP

- 1-4**      Step right forward to right diagonal, step left close to right, step right foot forward to right diagonal, touch left beside right & clap hands (optional) (with both arms locked to waist at  $\frac{1}{4}$  turn, hands into fists, swing arms and fist when executing diagonal)
- 5-8**      Step left forward to left diagonal, step right close to left, step left foot forward to left diagonal, touch right beside left & clap hands (optional) (with both arms locked to waist at  $\frac{1}{4}$  turn, hands into fists, swing arms and fist when executing diagonal)

## FULL TURN RIGHT, TOUCH CLAP, FULL TURN LEFT, TOUCH CLAP

- 1-4**      Full turn to right - stepping right-left-right, touch left next to right & clap
- 5-8**      Full turn to left-stepping left-right-left, touch right next to left & clap

## PIVOT QUARTER LEFT TURN, RIGHT KICK BALL CHANGES WALK WALK

- 1-2**      Pivot  $\frac{1}{4}$  turn to the left -step right forward, quarter left turn transferring weight onto left
- 3&4**      Kick right forward, step right beside left, step left in place
- 5&6**      Kick right forward, step right beside left, step left in place
- 7-8**      Step right forward, step left forward

## REPEAT