

OVER & UNDER

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Count: 64 **Wall:** — **Level:** —

Choreographer: Nigel Payne

Music: Overworked & Underpaid by Dave Sheriff

Position: Both Facing LOD, Man On ILOD, Lady On OLOD. Holding Inside Hands. Opposite Footwork, Mans Steps Listed

Based on the line dance "Overworked & Underpaid" by Nigel Payne

LEFT SAILOR STEP, RIGHT SAILOR STEP, LEFT SHUFFLE, RIGHT SHUFFLE

- 1&2** Step left behind right, step right to right side, step left beside right
- 3&4** Step right behind left, step left to left side, step right beside left
- 5&6** Step forward on left, step right beside left, step forward on left
- 7&8** Step forward on right, step left beside right, step forward on right

ROCK-RECOVER, TURNING SHUFFLES X 3

- 9-10** Rock forward on left, recover back on right

Release hands as you turn, & touch hands as you turn

- 11&12** Shuffle ½ turn left stepping left, right, left, (now facing RLOD)
- 13&14** Shuffle ½ turn left stepping right, left, right, (now facing LOD)
- 15&16** Shuffle ½ turn left stepping left, right, left, (now facing RLOD)

Rejoin inside hands

ROCK-RECOVER, COASTER STEP, STEP, PIVOT ½ TURN, SHUFFLE

- 17-18** Rock forward on right, recover back on left
- 19&20** Step back on right, step left beside right, step forward on right

Release hands as you turn & rejoin as you shuffle forward

- 21-22** Step forward on left, pivot ½ turn right
- 23&24** Step forward on left, step right beside left, step forward on left

FULL TURN, SHUFFLE, WEAVE, POINT

Release hands as you turn, rejoin hands as you shuffle, release hands as you weave

25-26 Make full turn left traveling forward stepping right, left

27&28 Step forward on right, step left beside right, step forward on right

29-32 Cross left over right, step right to right side, cross left behind right, point right to right side

Man weaves in front of lady, man now on OLOD, lady on ILOD, both facing LOD. Rejoin inside hands

RIGHT SAILOR STEP, LEFT SAILOR STEP, RIGHT SHUFFLE, LEFT SHUFFLE

33&34 Step right behind left, step left to left side, step right beside left

35&36 Step left behind right, step right to right side, step left beside right

37&38 Step forward on right, step left beside right, step forward on right

39&40 Step forward on left, step right beside left, step forward on left

ROCK-RECOVER, TURNING SHUFFLES X 3

41-42 Rock forward on right, recover back on left

Release hands as you turn, & touch hands as you turn

43&44 Shuffle ½ turn right stepping right, left, right (now facing RLOD)

45&46 Shuffle ½ turn right stepping left, right, left (now facing LOD)

47&48 Shuffle ½ turn right stepping right, left, right (now facing RLOD)

Rejoin inside hands

ROCK-RECOVER, COASTER STEP, STEP, PIVOT ½ TURN, SHUFFLE

49-50 Rock forward on left, recover back on right

51&52 Step back on left, step right beside left, step forward on left

Release hands as you turn & rejoin as you shuffle forward

53-54 Step forward on right, pivot ½ turn left

55&56 Step forward on right, step left beside right, step forward on right

FULL TURN, SHUFFLE, WEAVE, POINT

Release hands as you turn, rejoin hands as you shuffle, release hands as you weave

57-58 Make full turn right traveling forward stepping left, right

59&60 Step forward on left, step right beside left, step forward on left

61-64 Cross right over left, step left to left side, cross right behind left, point left to left side

Man weaves in behind of lady, man now on ILOD, lady on OLOD, both facing LOD. Rejoin inside hands

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=33950