

# LA cHA TA

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**Count:** 64      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Jaszmine (Jasz Danze M'sia) – May 2010

**Music:** LA cHA TA by F(x)

**Sequence - 64, 32, Tag 1, 48, Restart 1, 32, Tag 2, 32, Restart 2, 64, Tag 1**

**Start 32 counts from heavy beat**

**(1 - 8) SIDE ROCK RECOVER x 2, PRESS R, HEEL TWIST, FLICK**

- 1 & 2**      Side rock R , recover on L, step R next to L
- 3 & 4**      Side rock L , recover on R, step L next to R
- 5, 6 & 7, 8**      Press R diagonally to R, twist heel out, in, out & flick to R

**(9 - 16) COASTER CROSS, COASTER HEEL SWITCH, PIVOT 1/2 TURN L**

- 1, 2 & 3**      Cross R over L, Step L behind, step R next L, cross L over R,
- 4 &**      Step back R, Step L beside R
- 5 & 6 &**      Step R heel forward, recover, switch L heel forward, recover
- 7, 8**      Step R forward, Pivot 1/2 turn L (weight on L) [6]

**(17 - 24) SIDE ROCK RECOVER x 2, PRESS R, HEEL TWIST, FLICK**

- 1 & 2**      Side rock R , recover on L, step R next to L
- 3 & 4**      Side rock L , recover on R, step L next to R
- 5, 6 & 7, 8**      Press R diagonally to R, twist heel out, in, out & flick to R

**(25 - 32) COASTER CROSS, COASTER HEEL SWITCH, PIVOT 1/4 TURN L**

- 1, 2 & 3**      Cross R over L, Step L behind, step R next L, cross L over R,
- 4 &**      Step back on R, Step L beside R
- 5 & 6 &**      Step R heel forward, recover, switch L heel forward, recover
- 7, 8**      Step R forward, Pivot 1/4 turn L (weight on L) [3]

**RESTART 2- facing 3 o'clock**

**(33 - 40) HEEL TWIST, L COASTER, KICK BALL STEP**

- 1 & 2 &**      Twist R heel in, out, Twist L heel in, out

- 3 & 4 Twist R heel in, out, Twist L heel in  
5 & 6 Step back on L, Step R beside L, Step forward on L

**7 & 8 R Kick ball step**

**(41 - 48) SAILOR R, 1/2 TURN SAILOR L, CROSS TOUCH, SHOULDER POP**

- 1 & 2 Step R behind L, Step L to L side, Step R to R side  
3 & 4 Step L behind R making 1/2 turn L, step R to R, step L to L [9]  
5 & 6 & Cross touch R over L, recover, cross touch L over R recover  
7, 8 With feet apart, do shoulder pop to R then L (weight on L)

**RESTART 1- facing 3 o'clock**

**(49 - 56) HEEL TWIST, L COASTER, KICK BALL STEP**

- 1 & 2 & Twist R heel in, out, Twist L heel in , out  
3 & 4 Twist R heel in, out, Twist L heel in  
5 & 6 Step back on L, Step R beside L, Step forward on L

**7 & 8 R Kick ball step**

**(57 - 64) SAILOR R, 1/2 TURN SAILOR L, CROSS TOUCH, SHOULDER POP**

- 1 & 2 Step R behind L, Step L to L side, Step R to R side  
3 & 4 Step L behind R making 1/2 turn L, step R to R, step L to L [3]  
5 & 6 & Cross touch R over L, recover, cross touch L over R recover  
7, 8 With feet apart, do shoulder pop to R then L (weight on L)

**TAG 1 - facing 6 o'clock (2 x 8)**

**(1 - 8) SYNCOPATED WEAVE TO L , 1/2 PADDLE TURN R**

- 1 & 2 & 3 & 4 Step R behind L, L to L, R cross over L, L to L, R behind L, L to L, R cross over L  
**5,6,7,8 4 X Paddle 1/8 turn R by pressing L [12]**

**(9 - 16) SYNCOPATED WEAVE TO L , 1/2 PADDLE TURN R**

- 1 & 2 & 3 & 4 Step R behind L, L to L, R cross over L, L to L, R behind L, L to L, R cross over L  
**5,6,7,8 4 X Paddle 1/8 turn R by pressing L [6]**

**# Ending on Tag 1 do a full paddle turn R on count 9 -16 with a striking pose facing front wall.**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=79966](https://www.linedance.com/index.php?f=dance_view&id=79966)