

Bottle It Up

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Gloria Johnson (Dec 2014)

Music: Bottle Your Crazy Up by Eileen Carey

INTRO: 16 counts--NO TAGS, NO RESTART

SIDE STEPPING RIGHT

- 1,2 Step RIGHT a small step to right side; Step LEFT together;
- 3,4 Step RIGHT a small step to right side; Step LEFT together;
- 5,6 Step RIGHT a small step to right side; Step LEFT together;
- 7,8 Step RIGHT a small step to right side; Touch LEFT together.

SIDE STEPPING LEFT W. GRADUAL TURN LEFT

- 1,2 Step LEFT a small step to left side; Step RIGHT together;
- 3,4 Step LEFT a small step to left side; Step RIGHT together;
- 5,6 Beginning a gradual 1/4 turn left, step LEFT to left side; Step RIGHT together;
- 7,8 Completing a gradual 1/4 turn left, step LEFT to left side; Touch RIGHT together.

NOTE: When dancing steps 1-16, add attitude by moving shoulders and hips.

SCISSORS STEPS

- 1,2 Step RIGHT to right side; Slide LEFT to Right;
- 3,4 Cross-step RIGHT over Left; Hold;
- 5,6 Step LEFT to left side; Slide RIGHT to Left;
- 7,8 Cross-step LEFT over Right; Hold.

CHARLESTON (aka: MONTANA KICK)

- 1,2 Step RIGHT forward; Kick LEFT forward;
- 3,4 Step LEFT back; Touch RIGHT toe back;
- 5,6 Step RIGHT forward; Kick LEFT forward;
- 7,8 Step LEFT back; Touch RIGHT toe back.

BEGIN DANCE AGAIN

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