

ME, MYSELF & I

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Count: 32

Wall: 4

Level: intermediate

Choreographer: Cindi Talbot

Music: Me, Myself And I by Vitamin C

WALK, LOOK, WALK, LOOK, SHUFFLE FORWARD, PIVOT ½ TURN

- 1-2** Step forward right, step forward left, turning head to look over left shoulder
- 3-4** Step forward right, looking forward, step forward left, turning head to look over left shoulder
- 5&6** Shuffle forward right-left-right
- 7-8** Step forward left, pivot ½ turn right putting weight on right

FORWARD & BACK & SHUFFLE FORWARD, BIG STEP ¼, LOOK LOOK

- 9&** Rock left foot forward, replace weight on right
- 10&** Rock back on left, replace weight on right
- 11&12** Shuffle forward left-right-left
- 13-14** Take big step forward with right making ¼ turn left, slide left foot next to right with weight, while putting right hand on right hip
- 15** Bend right knee keeping toe on floor while turning head to look over right shoulder (hand still on hip)
- 16** Turn head to look forward (hand still on hip)

REACH & PULL, REACH & PULL, SCUFF HITCH TURN, HIP SHAKE

- 17** Step forward with right while bending forward, sticking bum out and reaching out with both hands
- &18** Step left forward but slightly behind right, step right forward while pulling hands back to side of body (straighten up)
- 19** Reach forward with both hands sticking out bum
- &20** Step left forward but slightly behind right, step right forward while pulling hands back to sides of body (straighten up)
- 21&** Scuff left foot beside right, hitch left knee making ¼ turn right
- 22** Step down on left
- 23&** Push hips right then left

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PADDLE TURN ($\frac{3}{4}$), SYNCOPATED VINE, KICK HITCH STEP, SIDE ROCK STEP

25& Touch right toe to right side while pivoting $\frac{1}{4}$ turn left on ball of left foot, hitch right knee

26& Touch right toe to right side while pivoting $\frac{1}{2}$ turn left on ball of left foot, hitch right knee

27& Cross right foot over left, step left to left side

28& Cross right behind left, step left to left

29 Kick right foot forward (low) while punching arms forward at shoulder height but crossing each other

&30 Hitch right knee bringing elbows to sides with bent arms, step right next to left while bringing arms straight down to sides

31&32 Rock left to left side, dropping left shoulder, step right in place bringing shoulder to normal position, step left in place

REPEAT

TAG

When dancing to "Me, Myself & I", after repeating dance 7 times, after the lyrics " Five, six, seven, eight"

1-2 Put right hand on right hip as you turn head to look over right shoulder, look forward

3-4 Turn head to look over left shoulder, look forward (right hand still on right hip)