

Just One Dance

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Count: 64 **Wall:** 2 **Level:** Easy Intermediate

Choreographer: Karen Hannaford & Phoenix Adamson (July 2014) - NZ

Music: Just One Dance by Caro Emerald. Album: Deleted Scenes from the Cutting Room Floor

Intro: 48 counts

[1-8] SWAY, ¼ HOOK, SHUFFLE FWD, ½ PIVOT, ½ SHUFFLE

- 1,2** Sway R to right side, recover weight to L turning ¼ right & hooking R across left 3:00
- 3&4** Step R fwd, step L beside right, step R fwd 3:00
- 5,6** Step L fwd, pivot ½ taking weight on R 3:00
- 7&8** Turn ¼ right stepping L to side, step R tog, turn ¼ right and step L back 3:00

[9-16] ROCKING CHAIR, BACK, ½, ¼, TOUCH

- 1,2,3,4** Rock back on R, recover weight to L, rock fwd on R, recover weight to L 3:00
- 5,6,7,8** Step R back, turn ½ left and step L fwd, turn ¼ left and step R to side, drag L towards right and tap beside 6:00

[17-24] SIDE, BEHIND, SIDE, TAP, OUT - OUT, TAP, SIDE, TAP

- 1,2,3,4** Step L to left side, step R behind left, step L to left side, tap R by left 6:00
- &5** Step R to right side, step L to left side 6.00
- 6,7,8** Tap R next to left, Step R to side, tap L next to right 6:00

[25-32] CROSS, HOLD, CROSS, HOLD, COASTER STEP, SIDE, TOGETHER

- 1,2,3,4** Walk fwd L, hold(snap fingers), walk fwd R, hold(snap fingers) 6:00
- 5&6** Step L fwd, step R together, step L back 6:00
- 7,8** Step R to side, step L next to right 6:00

[33-40] SIDE ROCK, RECOVER, HEEL GRIND, COASTER STEP, POINT, FLICK

- 1,2** Rock R to side, recover weight to L 6:00
- 3,4** Touch R heel fwd with toes turned in, turn toes out keeping weight on left 6:00
- 5&6** Step R back, step L beside right, step R fwd 6:00
- 7,8** Point L to left side, flick L foot up behind right knee 6:00

[41-48] SIDE SWITCHES

- 1&2** Point L to side, step L together, point R to side 6:00
- 3,4,5** Step R behind left, turn $\frac{1}{4}$ left and step L fwd, step R fwd 3:00
- 6,7,8** Pivot $\frac{3}{4}$ left keeping weight on L, step R to side, step L behind R *restart here wall 2 6:00

[49-56] SIDE ROCK, CROSS SAMBA, $\frac{1}{4}$ JAZZ SQUARE, SCUFF

- 1,2,3&4** Rock R to side, recover to L, Cross R over left, step L to side, step R in place 6:00
- 5,6,7,8** Cross L over right, step R back, turn $\frac{1}{4}$ left and step L to side, scuff R fwd 3:00

[57-64] CROSS ROCK, SIDE, CROSS ROCK, $\frac{1}{4}$, $\frac{1}{2}$ PIVOT

- 1,2,3** Cross rock R over left, recover weight to L, step R to side 3:00
- 4,5,6** Cross rock L over right, recover weight to R, turn $\frac{1}{4}$ left and step L fwd 12:00
- 7,8** Step R fwd, pivot $\frac{1}{2}$ L taking weight on left. 6:00

WALL 2: Restart after count 48 (facing 12:00)

WALL 5: After count 32 there is a 4 count pause. Touch R toe behind left and continue from count 33 when the music resumes facing 6:00

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