

# HOLDIN' BACK THE WATER

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**Count:** 16

**Wall:** 2

**Level:** beginner/intermediate

**Choreographer:** Michael Barr

**Music:** Rompin' Stompin' Blues by The Judds

**The count for each of the suggested pieces of music uses the slow tempo**

## **WALK, WALK - FORWARD, ½ PIVOT, FORWARD**

- 1-2 Step right foot forward, step left foot forward
- 3 Step ball of right foot forward
- & Pivot ½ turn left, shifting weight forward to left foot
- 4 Step right foot forward

## **WALK, WALK - ROCK FORWARD, RETURN, ½ TURN**

- 1-2 Step left foot forward, step right foot forward
- 3 Step ball left foot forward
- & Return weight to right foot in place
- 4 Turn ½ left, stepping left foot forward

**Styling: allow your right leg/foot to swing around low after count 4 (like a sweep), preparing for the next step**

## **SYNCOPATED 3 STEP JAZZ BOX - CROSS, SIDE, BEHIND**

- 1&2 Step right foot across in front of left, step left foot back, step right foot to right side and slightly back (body is now facing the right diagonal)
- 3&4 Step left foot in front of right, step right foot to right side, step left foot behind right and slightly back

**When you step behind on count 4 allow your body to face the left diagonal**

## **RIGHT SCISSORS - ½ TURN WALK (LEFT, RIGHT, LEFT,)**

- 1 Step onto ball of right foot side right and slightly back (think "lift")
- & Step onto ball of left next to right (think "lift")
- 2 Step right in front of left (think "lower")

**You have stayed facing the left diagonal during these last 2 counts**

- 3**            Begin a smooth rounded ( $\frac{1}{2}$  turn by count 4) to the left starting with a step on the left foot
- &**            Continue your turn with another step heading around to your left on the right foot
- 4**            Finish your  $\frac{1}{2}$  turn to face the back wall stepping forward on the left foot

**Counts 3 & 4 are meant to be a rounded turn, making an arch in 3 walking steps**

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=51881](https://www.linedance.com/index.php?f=dance_view&id=51881)