

# Listen To My Rhythm

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**Count:** 64      **Wall:** 4      **Level:** Phrased Intermediate

**Choreographer:** BM Leong ( September 2017 )

**Music:** Listen To My Rhythm Oye Como Va sung by Andy Vargas

**Sequence of dance : AB AB B /AA AA / BB BB / A(24) B**

**Intro: 80 counts - start on vocal**

**( A ) 32 counts**

**A1: LEFT NEW YORK, RIGHT LINDY**

- 1-2      Cross R over L, recover onto L
- 3&4      Cha cha to right side on RLR
- 5-6      Cross L behind R, recover onto R
- 7&8      Cha cha to left side on LRL

**A2: EXTENDED CROSS CHA CHA, MONTEREY 1/2 TURN LEFT**

- 1&2      Cross cha cha on RLR
- &3&4      Step L behind right heel, cross R over L, step L behind right heel, cross R over L
- 5-6      Point L to left side, 1/2 turn left step L together
- 7-8      Point R to right side, step R together

**A3: LEFT ROLLING VINE, TOUCH, DOUBLE CLOCKWISE HIP ROLLS**

- 1-3      Left rolling vine on LRL
- 4      Touch R together
- 5-8      Double clockwise hip rolls over 4 counts

**A4: CROSS, 1/4 TURN RIGHT, BACK CHA CHA, BACK ROCK, FORWARD CHA CHA**

- 1-2      Cross R over L, 1/4 turn right step L back
- 3&4      Cha cha backward on RLR
- 5-6      Rock L back, recover onto R
- 7&8      Cha cha forward on LRL

**( B ) 32 counts**

### **B1: C-BUMPS, OUT, OUT, IN, IN**

1-2 Bump hips upwards to right side, bump hips downwards to right side

3-4 Bump hips upwards to right side, bump hips downwards to right side

**( To help you to achieve the C shape, lift your right heel and bend your knees )**

5-6 Step L out, step R out

7-8 Step L in, step R in

### **B2: C-BUMPS, OUT, OUT, IN, IN**

1-2 Bump hips upwards to left side, bump hips downwards to left side

3-4 Bump hips upwards to left side, bump hips downwards to left side

5-6 Step R out, step L out

7-8 Step R in, step L in

### **B3: FORWARD, TURN-POINT**

1-2 Step R forward, 1/4 turn right on R pointing L to left side

**3-4 1/4 turn right on R pointing L to left side, 1/4 turn right on R pointing L to left side**

5-6 Step L forward, 1/4 turn left on L pointing R to right side

**7-8 1/4 turn left on L pointing R to right side, 1/4 turn left on L pointing R to right side**

### **B4: FORWARD ROCK, TRIPLE 1/2 TURN RIGHT, PIVOT 1/4 RIGHT, CROSS CHA CHA**

1-2 Rock R forward, recover onto L

3&4 Triple 1/2 turn right on RLR

5-6 Step L forward, pivot 1/4 turn right

7&8 Cross cha cha on LRL

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