

# Hands On My Heart (P)

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**Count:** 64

**Wall:** —

**Level:** Intermediate Partner Circle

**Choreographer:** Vivienne Scott (Ca)

**Music:** "Don't Take Your Hands Off My Heart" by Dawn Sears

**Sweetheart position, same footwork unless otherwise indicated. Start dancing on lyrics**

**[1-8] CROSS ROCK, RECOVER, SIDE SHUFFLE, CROSS ROCK, RECOVER, SIDE SHUFFLE**

**1-2** Cross rock R over L, recover on L,

**3&4** Shuffle to the right stepping, r,l,r

**5-6** Cross rock L over R, recover on R

**7&8** Shuffle to left side stepping, l,r,l

**[9-16] ROCK FORWARD, RECOVER, 1/4 TURN SHUFFLE, WEAVE**

**1-2** Rock forward on R, recover on L

**Man behind Lady**

**3&4** Turn 1/4 R and shuffle to right side stepping r,l,r

**5-8** Cross L over R, step R to R side, step L behind R, step R to R side

**[17-24] CROSS ROCK, RECOVER, 1/4 TURN SHUFFLE**

**DROP R HANDS-- LADY: PIVOT 1/2 TURN X 2/MAN: ROCKING CHAIR**

**1-2** Cross rock L over R, recover on R

**3&4** Turn 1/4 L and shuffle forward stepping l,r,l

**5-6** Drop R hands-- Lady: Step R forward, pivot 1/2 turn L/ Man: Rock forward on R, Recover on L

**7-8** Lady: Step R forward, pivot 1/2 turn L/Man: Rock back on R, recover on L

**[25-32] SHUFFLE FORWARD, DROP LEFT HANDS-- LADY: PIVOT 1/2 TURN X 2/MAN: ROCKING CHAIR**

**SHUFFLE FORWARD**

**1&2** Shuffle forward stepping r,l,r

**3-4** Drop L hands-- Lady: Step L forward, pivot 1/2 turn R/Man: Rock forward on L, Recover on R

5-6 Lady: Step L forward, pivot 1/2 turn R/Man: Rock back on L, recover on R

7&8 Shuffle forward stepping l,r,l

**[33-40] DROP RIGHT HANDS-- PIVOT 1/2 TURN, SHUFFLE FORWARD, DROP LEFT HANDS-- PIVOT 1/2 TURN, SHUFFLE FORWARD**

1-2 Drop R hands & step forward R, pivot 1/2 turn L

3&4 Shuffle forward, r,l,r

5-6 Drop L hands & step forward L, pivot 1/2 turn R

7&8 Shuffle forward, l,r,l

**[40-48] ROCKS FORWARD, SIDE, BACK, SWAYS**

1-4 Rock forward on R, recover on L, rock R to right side, recover on L

5-8 Rock back on R, recover on L, step R to right side & sway R, sway L

**[49-56] STEP, HOLD, ROCK BACK, RECOVER, DROP RIGHT HANDS-- LADY: 2 COUNT FULL TURN/MAN: WALKS FORWARD, SHUFFLE FORWARD**

1-2 Step R to right side, hold

3-4 Rock back on L, recover on R

5-6 Drop R hands-- Man walk forward L,R/ Lady turn 1/2 R & step back on L turn 1/2 R & step forward on R

7&8 Shuffle forward stepping l,r,l

**[57-64] R DIAGONAL LOCK FORWARD, BRUSH, L DIAGONAL LOCK FORWARD, BRUSH**

1-4 Step R to right diagonal, lock L behind R, step R to right diagonal, brush L beside R

5-8 Step L to left diagonal, lock R behind L, step L to left diagonal, brush R beside L

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