

# Overloading

LINEDANCE.COM

**Count:** 64

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Gary O'Reilly (Jan. 2016 - CBA)

**Music:** "Overload" (Single Version) by Life Of Dillon - iTunes

## #48 count intro starting on lyrics

### Section 1: Heel Grind, Ball Cross Side, Behind, Side, Cross, Side Rock

- 1 2** Grind right heel across left (1), step left to left side (2)
- & 3 4** Step right next to left (&), cross left over right (3), step right to right side (4)
- 5 & 6** Cross left behind right (5), step right to right side (&), cross left over right (6)
- 7 8** Rock right to right side (7), recover on left (8) (12:00)

### Section 2: Cross Shuffle, $\frac{1}{4}$ , $\frac{1}{4}$ , Cross Rock, Chasse $\frac{1}{4}$

- 1 & 2** Cross right over left (1), step left to left side (&), cross right over left (2)
- 3 4** Turn  $\frac{1}{4}$  right stepping back on left (3), turn  $\frac{1}{4}$  right stepping right to right side (4) (6:00)
- 5 6** Cross rock left over right (5), recover back on right (6)
- 7 & 8** Step left to left side (7), step right next to L (&), turn  $\frac{1}{4}$  left stepping forward on left (8) (3:00)

### Section 3: $\frac{1}{2}$ , Back, Coaster Step, Walk, Walk, Out Out, Back

- 1 2** Turn  $\frac{1}{2}$  left walking back right (1), walk back left (2)
- 3 & 4** Step back on right (3), step L next to R (&), step forward on R (4)
- 5 6** Walk forward left (5), walk forward right (6)
- & 7 8** Step left out to left side (&), step right out to right side (7), walk back on left (8) (9:00)

### Section 4: Back, Coaster Step, Walk, Rock Recover, $\frac{1}{4}$ Chasse

- 1** Walk back right (1)
- 2 & 3** Step back on left (2), step right next to left (&), step forward left (3)
- 4** Walk forward right (4)
- 5 6** Rock forward on left (5), recover back on right (6)
- 7 & 8** Turn  $\frac{1}{4}$  left stepping left to left side (7), step right next to left (&), step left to left side (8) (6:00)

### **Section 5: Cross, Side, R Sailor Heel Ball Cross, Hold, Side, Behind, Side, Cross**

- 1 2** Cross right over left (1), step left to left side (2)
- 3 & 4** Cross step right behind left (3), step left to left side (&), dig right heel forward diagonally right (4)
- & 5 6** Step right next to left (&), cross left over right (5), Hold (6)
- &7&8** Step right to right side (&), cross left behind right (7), step right to right side (&), cross left over right (8)

### **Section 6: Side Rock, Sailor Step, Behind, Unwind, Pivot ½**

- 1 2** Rock right to right side (1), recover on left (2)
- 3 & 4** Cross step right behind left (3), step left to left side (&), step right to right side (4)
- 5 6** Touch left toe back (5), unwind ½ over left shoulder weight ending on left (6) (12:00)
- 7 8** Step forward right (7), ½ pivot left (8) (6:00)\*RESTART

**\*Restart here during Wall 3 (facing 6:00)**

### **Section 7: Cross, Side Rock, Cross, Point, Jazz ¼ Cross**

- 1 & 2** Cross right over left (1), rock left to left side (&), recover on right (2)
- 3 4** Cross left over right (3), point right to right side (4)
- 5 6** Cross right over left (5), turn ¼ right stepping back on left (6)
- 7 8** Step right to right side (7), cross left over right (8) (9:00)

### **Section 8: Side Rock, Together, Side, Touch, ¼, Pivot ½, Walk**

- 1 2** Rock right to right side (1), recover onto left (2)
- & 3 4** Step right next to left (&), step left to left side (3), touch right next to left (4)
- 5 6** Turn ¼ right stepping forward right (5), step forward left (6) (12:00)
- 7 8½ pivot right (7), walk forward left (8) (6:00)\*\***

**\*\*TAG @ the end of wall 1 facing (6:00) & wall 4 facing (12:00)**

**Tag: Cross Rock, Side Rock**

- 1 2** Cross rock right over left (1), recover on left (2)
- 3 4** Rock right to right side (3), recover on left (4)

**Enjoy !**

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