

D&L SHUFFLE

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Count: 52

Wall: 4

Level: intermediate

Choreographer: David & Lorraine Spreight

Music: Linda Lou by The Tractors

RIGHT CHASSE / ROCK RECOVER / ROLLING LEFT VINE

- 1&2** Step right to right side, step left beside right, step right to right side
- 3-4** Rock back on left foot, recover weight back on right
- 5-6** Step left $\frac{1}{4}$ turn left, step right forward $\frac{1}{2}$ turn left
- 7-8** Step left back $\frac{1}{2}$ turn left, touch right beside left

FORWARD SHUFFLE / STEP $\frac{1}{4}$ TURN / BACK SHUFFLE / ROCK RECOVER

- 9&10** Step right forward, step left beside right, step right forward
- 11-12** Step left forward $\frac{1}{4}$ turn right, step right beside left
- 13&14** Step left back, step right beside left, step left back
- 15-16** Rock back on right, recover weight on left

HEEL SWITCHES / HOLD / HEEL SWITCHES / ROCK RECOVER

- 17&** Touch right heel forward, step right beside left
- 18&** Touch left heel forward, step left beside right
- 19-20** Touch right heel forward, hold
- &21** Step right beside left, touch left heel forward
- &22** Step left beside right, touch right heel forward
- &** Step right beside left
- 23-24** Rock forward on left, recover weight back on right

BACK HOLD / UNWIND HOLD / SIDE TOUCHES HOLD

- 24-26** Step left behind right foot, hold
- 27-28** Unwind $\frac{1}{2}$ turn over left, hold
- 29&** Touch right toe to right side, step right beside left
- 30&** Touch left to to left side, step left beside right
- 31-32** Touch right toe to right side, hold

CROSS SHUFFLE / ROCK RECOVER / CROSS SHUFFLE / ROCK RECOVER

- 33&34** Cross right over left, step left beside right, cross right over left
- 35-36** Rock left to left side, recover weight back on right
- 37&38** Cross left over right, step right beside left, cross left over right
- 39-40** Rock right to right side, recover weight back on left

TRIPLE ½ TURN / ROCK RECOVER / TRIPLE ½ TURN / ROCK RECOVER

- 41&42** Step forward triple ½ turn on right/left/right
- 43-44** Rock back on left, recover weight on right
- 45&46** Step forward triple ½ turn on left/right/left
- 47-48** Rock back on right, recover weight on left

JUMP FORWARD / TAP HEELS X3

- &49** Step right forward, step left forward and slightly past right
- 50-51** Tap left heel, tap left heel
- 52** Tap left heel down and put weight onto left

REPEAT