

# On A Train

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**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Dwight Meessen (Jan 2015)

**Music:** Northbrook - On A Train

**Starts from singing (16 seconds from the clip)**

**Section 1: R Walk, L Walk, Shuffle FWD , L Walk, R Walk, Shuffle FWD**

**1-2RF walk forward, LF walk forward**

**3&4**            Step RF forward, step LF next to RF(&), step RF forward

**5-6LF walk forward, RF walk forward**

**7&8**            Step LF forward, step RF next to LF(&), step RF forward

**Section 2: RF Rock FWD, Recover, Shuffle 1/2 Turn Right, LF Kick, Ball, Side Touch, RF Kick, Ball, Side Touch**

**1-2**            Rock RF forward, recover weight on LF

**3&4**            Shuffle 1/2 turn right stepping right, left, right (6)

**5&6**            Kick LF forward, step ball LF next to RF(&), touch RF to right side

**7&8**            Kick RF forward, step ball RF next to LF(&), touch LF to Left side

**Section 3: Cross, 1/4 Turn L( RF step back), LF Chassé, Cross, 1/4 Turn R(LF step back), RF Chassé**

**1-2**            Cross LF over RF, step RF 1/4 back (3)

**3&4**            Step LF to left side, step RF next to LF(&), step LF to left side

**5-6**            Cross RF over LF, step LF 1/4 back (6)

**7&8**            Step RF to right side, step LF next to RF(&), step RF to right side

**Section 4: LF Cross Rock, Recover, LF Chassé, Walk Around 3/4 Circle Left**

**1-2**            Cross rock LF over RF, recover weight on RF

**3&4**            Step LF to left side, step RF next to LF(&), step LF to left side

**5-8**            Walk around a 3/4 turn(circle) to your left, R, L, R, L (9)

**Start again! Enjoy Dancing Always**

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