

# ONE HEART

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**Count:** 32      **Wall:** 4      **Level:** beginner/intermediate

**Choreographer:** Sylvia Priestley

**Music:** One Heart by Back Door

**August 1999 in memory of Dolly Yeomans, a dear friend, neighbor and my surrogate mum.**

## SIDE ROCK, FORWARD CHA-CHA TWICE

- 1-2**      Step to side right rocking onto right foot, rock back onto left foot
- 3&4**      Step forward on right foot, step left foot beside right, step right beside left
- 5-6**      Step to side left rocking onto left foot, rock back onto right foot
- 7&8**      Step forward on left foot, step right beside left, step left beside right

## ¼ TURN, POINT, ½ TURN, POINT, STEP ¼, ROCKS FORWARD & BACK

- 9-10**      Stepping onto left foot turn ¼ to left, point right foot to right side
- 11-12**      Stepping onto ball of right foot pivot ½ to left, point left foot to left
- &13&14**      Step onto left turn ¼ left step right forward, rock back on left, step right beside left
- 15&16**      Step back on left, rock forward on right, step left beside right

## STEP PIVOT ¼, SWAY, SIDE SHUFFLE, ROCK

- 17-18**      Step onto right pivot ¼ left, step left beside right
- 19-20**      Sway right, sway left
- 21&22**      Step to the right on right foot, step left beside right, step right to the side
- 23-24**      Cross left over right, replace weight to right foot

## SIDE SHUFFLE, ROCK, ¼ TURN TWICE

- 25&26**      Step to the left on left foot, step right beside left, step right to the side
- 27-28**      Cross right over left, replace weight to left foot
- 29-30**      Step on to right foot turning ¼ right, step left beside right
- 31-32**      Step on to right foot turning ¼ right, left foot step forward

## REPEAT