

Abandon Ship

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Count: 48 **Wall:** 4 **Level:** Phrased Improver

Choreographer: Camille Sheardown – March 2016

Music: Mayday by Cam

Dance Pattern: AB AAB ABB AA

Segment A - 32 counts

A Steps [1-8]: L Mambo Fwd, R Mambo Back, R ¼ Turn, Together, Out, Out, In, In (9:00)

- 1&2** Rock L forward, Recover back onto R, Step L back
- 3&4** Rock R back, Recover forward onto L, Step R together
- 5&6** Rock fwd on L making ¼ turn R, Recover R facing 9:00, Step L next to R
- 7&8&** Step slightly out to R lifting onto toes, Repeat with L, back down in with R, then L

(Think: ship rocking at sea)

A Steps [9-16]: Triple Fwd, Rock, Recover, Step Back 3x, Rock, Recover, Step ½ turn (3:00)

- 1&2** Triple RLR
- 3&4** Rock Fwd L, Recover R, Step back L
- 5-6** Step back R, Step back L
- 7&8&** Rock back R, Recover L, Step Fwd R, Pivot ½ turn to L with weight on L facing 3:00

A Steps [17-24]: R Lock Step, Shuffle L, Behind Rock, Recover, Side, Vine R

- 1&2** Step Fwd R, Lock L ankle behind R, Step Fwd R
- 3&4** Step L on L, R together, Step L
- 5&6** Rock R behind L, Recover L, Step to R
- 7&8&** Step L behind R, R to R, L crosses in front of R, R to R

A Steps [25-32]: Sway 4x for ½ turn, Sailor Step 2x, Modified Sailor (9:00)

- 1-2** Sway L 1/8 turn L, Sway R 1/8 turn L (6:00)
- 3-4** Sway L 1/8 turn L, Sway R 1/8 turn L (9:00)

5&6&L behind R, R next to L, L to L, R behind L

7&8&L next to R, R to R, L behind R, R next to L

Segment B

B Steps [1-8]: Mambo Fwd, Mambo Back, Walk 4x making $\frac{1}{2}$ turn L (6:00)

- 1&2** Rock L forward, Recover back onto R, Step L back
- 3&4** Rock R back, Recover forward onto L, Step R together
- 5-6** Walk $\frac{1}{4}$ turn L on L, Walk $\frac{1}{4}$ turn L on R
- 7-8** Walk Fwd L, Walk Fwd R

B Steps [9-16]: Mambo Fwd, Mambo Back, Sway 4x for $\frac{1}{2}$ turn R (12:00)

- 1&2** Rock L forward, Recover back onto R, Step L back
- 3&4** Rock R back, Recover forward onto L, Step R together
- 5-6** Sway L $\frac{1}{8}$ turn R, Sway R $\frac{1}{8}$ turn R
- 7-8** Sway L $\frac{1}{8}$ turn R, Sway R $\frac{1}{8}$ turn R

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