

Hold Me Together

LINEDANCE.COM

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Sadiah Heggernes (Nor) March 2012

Music: 'Hold Me Together' by Royal Tailor. [Album: 'Black & White'] 113 bpm

16 Count Intro

Section 1: Chasse L, Rock Back, Recover, Side, Behind, & Cross, ¼ Turn R, Step

- 1&2** Step L to L side. Close R beside L. Step L to L side
- 3-4** Rock back on R. Recover onto L
- 5-6** Step R to R side. Cross L behind R
- &7-8** Step R to R side Cross L over R. ¼ turn R stepping forward on R 3.00

Section 2: Rock Forward, Recover, ½ Turn Shuffle L, Rock Forward, Recover, ½ Turn Shuffle R

- 1-2** Rock forward on L. Recover onto R
- 3&4½ turn L stepping L-R-L 9.00**
- 5-6** Rock forward on R. Recover onto L
- 7&8½ turn R stepping R-L-R 3.00**

Section 3: Chasse L, Rock Back, Recover, Side, Behind, & Cross, ¼ Turn R, Step

- 1&2** Step L to L side. Close R beside L. Step L to L side
- 3-4** Rock back on R. Recover onto L
- 5-6** Step R to R side. Cross L behind R
- &7-8** Step R to R side Cross L over R. ¼ turn R stepping forward on R 6.00

Section 4: Rock Forward, Recover, L Lockstep Back, Rock Back, Recover, ½ Turn Shuffle L

- 1-2** Rock forward on L. Recover onto R
- 3&4** Step back on L. Lock R over L. Step back on L
- 5-6** Rock back on R. Recover onto L
- 7&8½ turn L stepping back R-L-R 12.00**

Section 5: Side, Hold, Ball Side, Touch, Hip Sways, Kick Ball Touch

- 1-2** Step L to L side. Hold
- &3-4** Step onto ball of R. Step L to L side. Touch R beside L
- 5-6** Step R to R side swaying hips R-L
- 7&8** Kick R forward. Step onto ball of R. Touch L beside R

Section 6: ¼ Turn L Step, Hold, Ball Step, Touch, Hip Sways, Coaster Step

1-2¼ turn L stepping forward on L. Hold 9.00

- &3-4** Step onto ball of R. Step forward on L. Touch R beside L
- 5-6** Step R to R side swaying hips R-L
- 7&8** Step back on R. Step L beside R. Step forward on R

Section 7: Rock Forward, Recover, Chasse ¼ Turn L, Cross, Back, R Lockstep Back

- 1-2** Rock forward on L. Recover onto R

3&4¼ turn L stepping L to L side. Close R beside L. Step L to L side 6.00

- 5-6** Cross R over L. Step back on L
- 7&8** Step back on R. Lock L over R. Step back on R

Section 8: Rock Back, Recover, Full Turn R. Side Rock, Recover, Cross Rock, Recover

- 1-2** Rock back on L. Recover onto R

3-4½ turn R stepping back on L. ½ turn R stepping forward on R

- 5-6** Rock L to L side. Recover onto R
- 7-8** Cross rock L over R. Recover weight on R