

# Not In Control

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**Count:** 64      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Mike Hitchen

**Music:** Release Me (UK Radio Edit) by Agnes Carlsson

**Start After 64 Count Intro - (2 Restarts Walls 2 & 5 After 16 Counts \*\*R\*\*)**

**Side Together Shuffle  $\frac{1}{4}$  Turn Rock Step. Step Lock Step**

- 1-2      Step Right To Right Step Left Together
- 3&4      Step Right To Right Step Left Together Step Right  $\frac{1}{4}$  Turn Right
- 5-6      Rock Forward On Left Recover On Right
- 7&8      Step Left Back Lock Right Over Left Step Left Back

**Touch Right Back  $\frac{1}{2}$  Turn Behind Side Cross Rock Step Behind Side Cross**

- 1-2      Touch Right Toe Back Pivot  $\frac{1}{2}$  turn Right Weight On Left Sweep Right Round
- 3&4      Step Right Behind Left Step Left To Side Cross Step Right Over Left
- 5-6      Rock left To Side Recover To Right
- 7&8      Step Left Behind Right Step Right To Side Cross Step Left Over Right \*\*R\*\*

**Walk Walk Right Shuffle Step Turn Shuffle  $\frac{1}{2}$  Turn**

- 1-2      Walk Forward Right Walk Forward Left
- 3&4      Step Right Forward Step Left Together Step Right Forward
- 5-6      Step Left Forward Pivot  $\frac{1}{2}$  Turn Right
- 7&8      Shuffle  $\frac{1}{2}$  Turn Right -On LRL

**Shuffle  $\frac{1}{2}$  Turn Left Shuffle Shuffle  $\frac{1}{2}$  Turn Coaster Step**

- 1&2      Shuffle  $\frac{1}{2}$  Turn Right-On RLR
- 3&4      Shuffle Forward On LRL
- 5&6      Shuffle  $\frac{1}{2}$  Turn Left On RLR
- 7&8      Step Left Foot Back Step Right Together Step left Foot Forward

**Skate Skate Right Shuffle Rock Step  $\frac{3}{4}$  Triple Turn**

- 1&2      Skate Right Forward Skate Left Forward

**3&4** Shuffle Forward On RLR

**5-6** Rock Forward On Left Recover On Right

**7&8  $\frac{3}{4}$  Triple Turn Left On LRL**

**Rock Step Coaster Cross Side Rock Sailor  $\frac{1}{4}$  Turn Left**

**1-2** Rock Forward On Right Recover On Left

**3&4** Step Right Back Step Left Together Step Right Across Left

**5-6** Rock Left To Left Side Recover On Right

**7&8** Cross Step Left Behind Right Make  $\frac{1}{4}$  Turn left Stepping Right Back Step Left Foot Forward

**Skate Skate Right Shuffle Rock Step  $\frac{3}{4}$  Triple Turn**

**1-2** Skate Right Forward Skate Left Forward

**3&4** Shuffle Forward On RLR

**5-6** Rock Forward On Left Recover On Right

**7&8  $\frac{3}{4}$  Triple Turn Left On RLR**

**Rock Step Coaster Cross Side Rock Sailor  $\frac{1}{4}$  Turn**

**1-2** Rock Forward On Right Recover On Left

**3&4** Step Right Back Step Left Together Step Right Across Left

**5-6** Rock Left To Left Side Recover On Right

**7&8** Cross Step Left Behind Right Make  $\frac{1}{4}$  Turn Left Stepping Right Back Step Left Foot Forward

**Happy Dancing**