

# DANCE OF THE HEART

LINEDANCE.COM

**Count:** 48

**Wall:** 4

**Level:** intermediate waltz

**Choreographer:** Val Reeves

**Music:** Their Hearts Are Dancing by The Forester Sisters

## HIPS ROCKS FORWARD

- 1-3** Left step forward pushing left hip forward, push right hip back, left hip forward
- 4-6** Right step forward pushing right hip forward, push left hip back, right hip forward
- 7-9** Left step forward pushing left hip forward, push right hip back, left hip forward
- 10-12** Right step back, left step beside right, right step forward

## ¼ TURN LEFT ½ TURN RIGHT

**Keep weight back on ¼ turn**

- 13-15** Left step across right turning ¼ turn left, right step back, left step beside right
- 16-18** Turning ½ turn right step right foot forward, left step forward, right step forward

**Turn immediately. Use ball of left (15) to begin turn. You will be turning backwards over right shoulder**

## ROCK FORWARD BACK STEP TURN ½ TURN RIGHT

- 19-21** Left rock forward, right rock back, left step back
- 22-24** Turning ½ turn right step forward right, left, right

## ROCK SIDE AND ACROSS

- 25-27** Left rock out to left side, rock onto right, left step forward
- 28-30** Right rock out to right side, rock onto left, right step forward

**Turn backwards again over right shoulder. Use ball of left(21) to begin turn**

## ROCK ¾ TURN LEFT EXTENDED VINE

- 31-33** Left rock forward, turn ¾ turn left stepping on right, then left
- 34-36** Right step right, left step behind right, right step right
- 37-39** Left step across right, right step right, left step behind right

## ROCKS

**40-42** Right rock to right, sway hips left, then right

**ROLL LEFT  $\frac{1}{4}$  TURN RIGHT**

**43-45** Turning 1 full turn left on left, right, left

**46-48** Right rock across left, left rock back turning  $\frac{1}{4}$  turn right, right step forward

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=58564](https://www.linedance.com/index.php?f=dance_view&id=58564)