

INSOMNIA

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Count: 56 **Wall:** — **Level:** —

Choreographer: Dion & Val Thomas

Music: All You Ever Do Is Bring Me Down by The Mavericks

- 1-4** Bronco twists right, center, left, center
- 5-8** Left Monterey turn (left toe to side, turn ½ left, together, right toe to side, together)
- 9-12** Vine left (left-right-left), stomp right
- 13-16** Kick right & swing across left, kick right & swing across left
- 17-18** Step forward on right, stomp left
- 19-22** Kick left & swing across right, kick left & swing across right
- 23-26** Shuffle to side turning body to the left stepping left-right-left, then to the right (right-left-right)
- 27-30** Left toe/heel to side, two left kicks
- 31-34** Step back left, touch right together, step forward right, touch left together
- 35-38** Full turning vine left stepping left-right-left, touch right together
- 39-46** Vine right stepping right-left-right, turn ½ right swinging left leg around slow for 2 beats, left together, swivel heels to left, bumping hips twice to left (beats 4-8 hold hat)
- 47-50** Swivel heels to right-left-right, center
- 51-56** Shuffle forward right-left-right, pivot ½ right, stomp left, clap

REPEAT

Finish dance at end of step 11 - 2 left bumps while holding hat

