

# MUSTANG SALLY

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**Count:** 48

**Wall:** 2

**Level:** intermediate

**Choreographer:** Neil Hale

**Music:** Mustang Sally by The Commitments

## KICK STEP BACK, TRIPLE STEP, FULL TURN

**1-2** Right kick forward; right step back

**3&4** Left step back; right step next to left; left step next to right

**5-6\*right step forward; left step forward into ¼ turn right**

**7-8** Right step side right into ¼ right; pivot on right as you step back with left into ½ turn right  
(weight on left)

**\*(Count 5 option is & 5 with a scoot on left on & before your step forward Right on 5.)**

## "SAILOR SHUFFLES" (CROSS-BALL-CHANGE)

**1&2** Cross right behind left; step ball of left foot side left; change weight to right as you step side right

**3&4** Cross left behind right; step ball of right foot side right; change weight to left as you step side left

## RIGHT & LEFT FORWARD DIAGONAL PATTERN WITH CLAPS

**1-2** Right step forward at slight 45 degree angle right; left step next to right & clap

**3-4** Right step forward at slight 45 degree angle right; left touch next to right & clap

**5-6** Left step forward at slight 45 degree angle left; right step next to left & clap

**7-8** Left step forward at slight 45 degree angle left; right touch next to left & clap

## HIP ROLLS WITH "PALMS ON THIGHS"

**1- 4** Step down right & roll hips right; roll hips left; roll hips right; roll hips left

## ¼ MONTEREY TURNS

**1-2** Right point side right; pivot ¼ turn right on ball of left as you step right next to left

**3-4** Left point side left; left step next to right

**5-6** Right point side right; pivot ¼ turn right on ball of left as you step right next to left

**7-8** Left point side left; left step next to right

## "SAILOR SHUFFLES" (CROSS-BALL-CHANGE)

- 1 & 2** Cross right behind left; step ball of left foot side left; change weight to right as you step side right
- 3&4** Cross left behind right; step ball of right foot side right; change weight to left as you step side left

## "RIDE THE MUSTANG" & CLAP

### Arm position-holding reins of horse

- 1&** Right step side right with slight forward angle; left step behind right
- 2&** Right step side right with slight forward angle; left step behind right
- 3-4** Right step side right; left touch next to right & clap
- 5&** Left step side left with slight forward angle; right step behind left
- 6&** Left step side left with slight forward angle; right step behind left
- 7-8** Left step side left; right touch next to left & clap

## EXECUTE A FULL TURN NEXT 4 COUNTS,

- 1-2** Right step side right; pivot  $\frac{1}{2}$  turn right as you step side left
- 3-4** Replace weight to right; pivot  $\frac{1}{2}$  turn right as you step side left

## REPEAT