

LOST IN THE WALTZ

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Count: 48

Wall: 2

Level: intermediate/advanced waltz

Choreographer: Jan Wyllie

Music: Lost In The Feeling by Mark Chesnutt

- 1-2&3** Step back right, left, making $\frac{1}{4}$ turn left step right beside left, step forward on left
- 4-5-6** Step forward on right, pivot $\frac{1}{4}$ turn left transferring weight to left, step right behind left
- &7-8-9** Step left to left, cross/rock right over left, rock/return weight to left, step right to right
- 10-11-12** Cross/rock left over right, rock/return weight to right, making $\frac{1}{4}$ turn left step forward on left
- &** Stepping forward on right make $\frac{1}{2}$ turn left
- 13** Touch left toes straight back while arching back and holding right arm forward (weight on right)
- 14-15** Hold, hold
- 16-17-18** Moving forward while making $1\frac{1}{2}$ turns right step left, right, left
- 19-20-21** Big step to right on right, slide left to right, hold
- 22-23** Making $\frac{1}{4}$ turn left step forward on left, stomp right heel beside left (weight on left)
- &24** Making $\frac{1}{2}$ turn left step right beside left, step forward on left
- 25-26-27** Rock/step forward on right, rock back on left, step back on right keeping left in place - raise left toes
- 28-29-30** Rock/step forward on left, rock back on right, step back on left keeping right in place - raise right toes
- 31-32-33** Rock/step forward on right, rock back on left, step back on right

- &34** Step back slightly on left, step right across left
- 35-36** Making $\frac{1}{4}$ turn right step back on left, making $\frac{1}{2}$ turn right rock/step forward on right
- 37-38&** Rock weight back on left, making $\frac{1}{4}$ turn right step right to right, step left beside right
- 39** Step right to right making $\frac{1}{4}$ turn right
- &** Making $\frac{1}{2}$ turn right step forward on left (becomes a step back)
- 40-41-42** Touch right toe behind left, taking 2 beats of music unwind $\frac{1}{2}$ turn right transferring weight to right
- 43-44-45** Rock/step forward on left, rock back on right, step back left
- &** Making $\frac{1}{4}$ turn left step right beside left
- 46-47-48** Walk forward left, right, left

REPEAT

TAG

At the end of the 1st wall

- 1-2-3** Step forward on right, pivot $\frac{1}{2}$ turn left transferring weight to left, step forward on right
- 4-5-6** Step forward on left, pivot $\frac{1}{2}$ turn right transferring weight to right, step forward on left

TAG

At the end of the 3rd wall

- 1-6** Repeat above tag
- 7-8-9** Rock/step forward on right, rock back on left, slide right to left (weight on left)