

# I Keep Forgetting - Ultra

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**Count:** 16

**Wall:** 2

**Level:** Beginner Cha Cha

**Choreographer:** Charlotte Neckelmann (DK) May 2011

**Music:** 'I Keep Forgetting' by Lee Ann Womack from 'Fever 12' CD, (101bpm)

## 32 count intro

**Music Suggestion:- 'Lonely Planet' (114 bpm) by Bellamy Brothers from 'Lonely Planet' CD.**

## Step right. Cross Rock, Recover. Left Chasse Back Rock. Right Shuffle Forward

- 1-2 -3** Step right to right side (1) Cross rock left over right (2) Recover into right.(3)
- 4&5** Step left to left side(4) Close right beside left(&) Step left to left side(5)
- 6 - 7** Rock right back (6) Recover into left (7)
- 8&1** Step right forward(8)Close left beside right(&) Step right forward(1) [12:00]

## Rock and turn ½ turn. Rock and Step back. Step back left touch right .

- 2&3** Rock left (2) Turn left ½, Recover right (&) Step left(3) [6:00]
- 4&5** Rock right (4) recover left(&) Step right back(5) [9:00]
- 6 - 7** Step to left back (6) Touch right beside left(7)
- 8&** Right to right side(8)Close left beside right(&)

## Start Again

**In the end facing 12:00 the music stops and starts again. DON'T stop the dance, continue to the end.**

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