

# HOT ROD HEART

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**Count:** 68

**Wall:** 4

**Level:** intermediate

**Choreographer:** Irene Mead

**Music:** Hot Rod Heart by John Fogerty

## TOE STRUT, TOE STRUT, TOE STRUT, TOE STRUT

- 1-2 Toe strut- touch right toe forward, step onto right
- 3-4 Toe strut- touch left toe forward, step onto left
- 5-6 Toe strut- touch right toe forward, step onto right
- 7-8 Toe strut- touch left toe forward, step onto left

## VINE RIGHT, HIP, HIP, HIP, HIP

- 1-2 Vine - step right to the side, step left behind right
- 3-4 Step right to the side, touch left together
- 5-6 Step left to the side & push hips left, push hips right
- 7-8 Push hips left, push hips right

## VINE LEFT, HIP, HIP, HIP, HIP

- 1-2 Vine - step left to the side, step right behind left
- 3-4 Step left to the side, touch right together
- 5-6 Step right to the side & push hips right, push hips left
- 7-8 Push hips right, push hips left

## "V" STEPS, "V" STEPS

- 1-2"V" steps-step right forward at 45 degrees, step left forward at 45 degrees**
- 3-4 Step right to back center, step left together
- 5-6"V" steps-step right forward at 45 degrees, step left forward at 45 degrees**
- 7-8 Step right to back center, step left together

## FORWARD, BACK, BACK, FORWARD, FORWARD, BACK, COASTER STEP

- 1-2 Step right forward, rock back onto left
- 3-4 Step right back, rock forward onto left

5-6 Step right forward, rock back onto left

7&8 Coaster step - step right back, step left back, step right forward

### **FORWARD, BACK, BACK, FORWARD, FORWARD, BACK, COASTER STEP**

1-2 Step left forward, rock back onto right

3-4 Step left back, rock forward onto right

5-6 Step left forward, rock back onto right

7&8 Coaster step - step left back, step right back, step left forward

### **PADDLE TURN & CLAP, PADDLE TURN & CLAP, PADDLE TURN & CLAP, PADDLE TURN & CLAP**

1-2 Step right forward, turn  $\frac{1}{4}$  turn left take weight on left & clap

3-4 Step right forward, turn  $\frac{1}{4}$  turn left take weight on left & clap

5-6 Step right forward, turn  $\frac{1}{4}$  turn left take weight on left & clap

7-8 Step right forward, turn  $\frac{1}{4}$  turn left take weight on left & clap

### **SHUFFLE FORWARD, STEP, $\frac{1}{2}$ TURN, SHUFFLE FORWARD, STEP, $\frac{1}{4}$ TURN**

1&2 Shuffle forward right-left-right

3-4 Step left forward, turn  $\frac{1}{2}$  turn right take weight on right

5&6 Shuffle forward left-right-left

7-8 Step right forward, turn  $\frac{1}{4}$  turn left take weight on left

### **TWIST, TWIST, TWIST, TWIST**

1-4 Twist heels left-right-left-right

### **REPEAT**