

HOLD ON TO YOUR HINEY

LINEDANCE.COM

Count: —

Wall: 4

Level: intermediate/advanced

Choreographer: Cindi Talbot

Music: Hold On To Your Hiney by Wild Cherry

Sequence: AB AB AAB A to the end

PART A

WALK, LOOK, WALK, LOOK/ SHUFFLE FORWARD, PIVOT ½ TURN

- 1-2 Step forward right, step forward left looking to the right
- 3-4 Step forward right, step forward left looking to the right
- 5&6 Shuffle forward right-left-right
- 7-8 Step forward left, pivot ½ turn right putting weight on right

WALK, LOOK, WALK, LOOK/ SHUFFLE FORWARD, PIVOT ½ TURN

- 9-10 Step forward left, step forward right looking to the left
- 11-12 Step forward left, step forward right looking to the left
- 13&14 Shuffle forward left-right-left
- 15-16 Step forward right, pivot ½ turn left putting weight on left

ROCK FORWARD & BACK & SHUFFLE FORWARD (REPEAT ON LEFT)

- 17& Rock right foot forward, replace weight on left
- 18& Rock back on right, replace weight on left
- 19&20 Shuffle forward right-left-right
- 21& Rock left foot forward, replace weight on right
- 22& Rock left foot back, replace weight on right
- 23&24 Shuffle forward left-right-left

BIG STEP ¼ TURN/ SHAKE YOUR HIPS/ BIG STEP ½ TURN/ SHAKE YOUR HIPS

- 25-26 Take big step forward with right making ¼ turn left, slide left foot next to right
- 27& Put hands on hips and push hips left putting weight on left, push hips right changing weight
- 28& Push hips left, push hips right taking weight on right

- 29-30 Take big step to left side with left pivoting ½ turn on ball of left foot swinging right foot around to touch beside left
- 31& Put hands on hips and push hips right putting weight on right, push hips left
- 32& Push hips right, push hips left putting weight on left

PART B

REACH & PULL/ REACH & PULL/ SCUFF HITCH TURN/ HIP SHAKE

- 1 Reach forward with both hands at waist level while stepping forward with right
- &2 Step left forward but slightly behind right, step right forward while pulling hands back to side of body
- 3 Reach forward with both hands
- &4 Step left forward but slightly behind right, step right forward while pulling hands back to sides of body
- 5& Scuff left foot beside right, hitch left knee making ¼ turn right
- 6 Step down on left
- 7& Put hands on back of hips fingers pointing down pushing hips right then left
- 8& Push hips right then left

STEP ½ TURN/ STEP ½ TURN / SHUFFLE FORWARD / STEP ½ TURN

- 9-10 Step forward on right, pivot ½ turn left, putting weight on left
- 11-12 Step forward on right, pivot ½ turn left, putting weight on left
- 13&14 Shuffle forward right-left-right
- 15-16 Step forward on left pivot ½ turn right putting weight on right

REACH & PULL/ REACH & PULL/ SCUFF HITCH TURN/ HIP SHAKE

- 17-24 Repeat 1-16 on opposite side

STOMP HOLD (2X)/STEP ½ TURN/ STEP ½ TURN/ SHUFFLE FORWARD/ STEP ½ TURN

- 25-26 Step forward on left, hold
- 27-28 Step forward on right, hold
- 29-30 Step forward on left, pivot ½ turn right
- 31-32 Step forward on left, pivot ½ turn right
- 33-34 Shuffle forward left-right-left

35-36 Step forward on right, pivot ½ turn left putting weight on left

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=51863