

B.J'S TRACTION

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Count: 68

Wall: 1

Level: intermediate

Choreographer: Bubs Jewell

Music: A Heart With 4 Wheel Drive by 4 Runner

This dance is dedicated to the late Betty Day whom with Judy Merefield won 2nd place Golden section, Sunshine Classics 97

Though this dance has a quantity of repetition it is a challenge to all levels who attempt it due to difference in standard steps.

RHONDO`, ROCK STEP, COASTER STEP

- 1-3** Touch left toe back sweep left toe ½ circle forward to front
- 4** Touch left toe beside right
- 5-6** Rock forward onto left, step right in place
- 7-8** Step left back, step right beside left, step left forward

HIP WALKS

- 9&10** Step right forward, bump hips to right twice
- 11&12** Step left forward, bump hips to left twice
- 13-16** Repeat this 4 count section

RHONDO`, ROCK STEP, COASTER STEP

- 17-19** Touch right toe back sweep right toe ½ circle forward to front
- 20** Touch right toe beside left
- 21-22** Rock forward onto right, step left in place
- 23&24** Step right back, step left beside right, step right forward

HIP WALKS

- 25&26** Step left back, bump hips left twice
- 27&28** Step right back, bump hips right twice
- 29-32** Repeat this 4 count section

FRONT VINE, ROMP STEP

- 33-34** Step left across front right, step right to right side
- 35-36** Step left across front right, hold
- &37-38** Jump back onto right, touch left heel forward 45 degrees, hold
- &39-40** Jump back onto left, touch right heel forward 45 degrees, hold

UNWIND, ROCK STEP, REVERSE VINE

- 41-42** Step right ball behind left heel, ½ turn to the right-weight right
- 43-44** Feet in place rock back onto left, step right in place
- 45-46** Step left across front right, step right to right side
- 47-48** Step left behind right, touch right toe beside left

FRONT VINE, ROMP STEPS

- 49-50** Step right across front left, step left to left side
- 51-52** Step right across front left, hold
- &53-54** Jump back onto left, touch right heel forward 45 degrees, hold
- &55-56** Jump back onto right, touch left heel forward 45 degrees, hold

UNWIND, ROCKS, REVERSE VINE

- 57-58** Step left ball behind right heel, ½ turn to the left-weight left
- 59-60** Feet in place rock back onto right, rock forward onto left
- 61-62** Step right across front left, step left to left side
- 63-64** Step right behind left, stomp left beside right

WINDSHIELD WIPERS

- 65-66** Weight on heels twist both toes right, twist both toes left
- 67-68** Twist both toes right, twist both toes center

REPEAT