

LIFE'S A DANCE

LINEDANCE.COM

Count: 32

Wall: 4

Level: beginner/intermediate

Choreographer: EmCee

Music: Life Is A Dance by Chaka Khan

ROCK LEFT, RIGHT, CROSS SHUFFLE, STEP TURN, CROSS SHUFFLE

- 1-2** Rock left out to left side, recover weight back onto right
- 3&4** Cross shuffle(left across right (angle feet 45 degrees), step on ball of right behind left, left forward)
- 5-6** Step right to right, $\frac{1}{2}$ turn left step onto left
- 7&8** Cross shuffle (right across left (angle feet 45 degrees), step on ball of left behind right, right forward)

ROCK LEFT, RIGHT, CROSS SHUFFLE, STEP TURN, CROSS SHUFFLE

- 1-2** Rock left out to left side, recover weight back onto right
- 3&4** Cross shuffle(left across right (angle feet 45 degrees), step on ball of right behind left, left forward)
- 5-6** Step right to right, $\frac{1}{2}$ turn left step onto left
- 7&8** Cross shuffle (right across left (angle feet 45 degrees), step on ball of left behind right, right forward)

STEP TURN STEP, FORWARD SHUFFLE, WALK, WALK, FORWARD SHUFFLE

- 1-2** Step left to left side, $\frac{1}{4}$ turn right step onto right
- 3&4** Left shuffle forward (step forward on left, step on ball of right behind left, step forward on left)
- 5-6** Step forward on right, forward on left
- 7&8** Right shuffle forward (step forward on right, step on ball of left behind right, step forward on right)

TURN STEP TURN STEP, FORWARD SHUFFLE WALK, WALK, FORWARD SHUFFLE

- 1-2** Step forward on left, pivot turn to right step onto right
- 3&4** Left shuffle forward (step forward on left, step on ball of right behind left, step forward on left)

5-6 Step forward on right, forward on left

7&8 Right shuffle forward (step forward on right, step on ball of left behind right, step forward on right)

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=27998