

OLD MACHEATH

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Count: 64 **Wall:** 2 **Level:** beginner/intermediate foxtrot

Choreographer: Sue Morgan

Music: Mack The Knife by Robbie Williams

LOCK SHUFFLE, WHOLE TURN

1-4(QQS) Step forward right, lock left behind right, step forward right, hold

5-8(QQS) Make a whole turn on the spot, stepping - left, right, left, hold

RIGHT TOE TOUCHES, COASTER STEP

1-4 Touch right toe to side, touch right toe beside left, touch right to side, hold

5-8(QQS) Step back right, step left beside right, step forward right, hold

½ TURN SHUFFLES

1-4(QQS) Travel forward making ½ turn right, stepping - left, right, left, hold

5-8(QQS) Travel forward making ½ turn right, stepping - right, left, right, hold

ROCK STEPS FORWARD AND BACK

1-2(QQ) Rock forward on left, rock back on right

3-4(QQ) Step back on left, step back on right

5-8(QQS) Rock back on left, rock forward on right, step forward on left, hold

SIDE STEPS, STEPS BACK WITH CLAPS

1-4(QQS) Step right to side, step left beside right, step right to side, clap

5-6(S) Step left back (angle your body to the left side), clap

7-8(S) Step right back (angle your body to the right side), clap

TOE POINTS WITH WEAVE

1-2 Touch left toe to side, step left beside right

3-4 Touch right toe to side, step right across left

5-6 Step left to side, step right behind left

7-8 Touch left toe to side, step left behind right

MONTEREY TURN, KICKS

1-2 Touch right to right side, on ball of left make $\frac{1}{2}$ turn right, stepping right beside left

3-4 Touch left to left side, step left beside right

5-6 Kick right forward, step right beside left

7-8 Kick left forward, step left beside right

SLOW JAZZ BOX WITH CLICKS

1-2(S) Step right forward, swing arms to right and click

3-4(S) Step left across right, swing arms to left and click

5-6(S) Step right back, swing arms to right and click

7-8(S) Step left beside right, swing arms to left and click

REPEAT

OPTIONAL

Swing shoulders and hips throughout the dance