

# All Torn Up

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**Count:** 48                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Stephen Rutter & Claire Rutter (U.K) Jan. 2016

**Music:** "All Torn Up" by Rebel Dean (178 B.P.M) from "Rebellion" album

## **(48 Count Intro' - 17 Secs).**

### **Section 1 - Rumba Box.**

- 1-2            Step right to right side, close left beside right
- 3-4            Step back on right, Hold.
- 5-6            Step left to left side, close right beside left.
- 7-8            Step forward on left, Hold. (12 o'clock)

### **Section 2 - Walk & Clap x2, Step Forward, Pivot ½ Turn Left, Step Forward, Hold.**

- 1-2            Step forward on right, Clap.
- 3-4            Step forward on Left, Clap.
- 5-6            Step forward on right, pivot a half turn left.
- 7-8            Step forward on right, Hold. (6 o'clock)

### **Section 3 - (Side Step, Toe Touch) x2, Slow Chasse Left, Toe Touch.**

- 1-2            Step left to left side, touch right toe left (click fingers to left if you wish).
- 3-4            Step right to right side, touch left toe beside right (click fingers to right if you wish).
- 5-6            Step left to left side, close right beside left.
- 7-8            Step left to left side, touch right toe beside left (6 o'clock)

### **Section 4 - (Side Step, Toe Touch) x2, Slow Chasse Right, Toe Touch.**

- 1-2            Step right to right side, touch left toe beside right (click fingers to right if you wish).
- 3-4            Step left to left side, touch right toe beside left (click fingers to left if you wish).
- 5-6            Step right to right side, close left beside right.
- 7-8            Step right to right side, touch left toe beside right. (6 o'clock)

### **Section 5 - Side Rock, Cross Rock, ¼ Turn Right Into Back Rock, Toe Touch, Hold.**

- 1-2            Rock left to left side, recover weight onto right.

- 3-4** Cross rock left over right, recover weight onto right.
- 5-6** Make a quarter turn right rocking back on left, recover weight onto right.
- 7-8** Touch left toe beside right, Hold. (9 o'clock)

### **Section 5 - Weave, Side Rock & Cross, Hold.**

- 1-2** Step left to left side, cross right behind left.
- 3-4** Step left to left side, cross right over left.
- 5-6** Rock left to left side, recover weight onto right.
- 7-8** Cross left over right, Hold. (9 o'clock)

**Enjoy!**

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