

**Count:** 64      **Wall:** 4      **Level:** Improver

**Choreographer:** Sally Hung , Taiwan (December 2017)

**Music:** Mantra by Vitas

## Sequence Of Dance: No Tag, No Restart

### Intro: 32 Counts From Heavy Beats (On Lyrics)

#### S1. VINE R WITH TOUCH, SIDE MAMBO, SIDE MAMBO

**1,2,3,4** Step R to the R, cross step L behind R, step R to the R, touch L beside R

**5&6,7&8** Step L to the L, recover onto R, step L together, step R to the R, recover onto L, step R together

#### S2. SIDE POINT, TOGETHER POINT, BIG STEP, DRAG, KICK BALL CHANGE, STEP, PIVOT ½ L

**1,2,3,4** Touch L to the L, touch L together, big step to the L, drag R towards L

**5&6,7,8** Kick R fwd, step down on ball of R, step weight on L. step R fwd, pivot ½ turn L

#### S3. R MAMBO FWD, L MAMBO BACK, FULL PADDLE TURN

**1&2,3&4** Rock fwd on R, recover onto L, step back on R, rock back on L, recover onto R, step fwd on L

**5,6,7,8** Touch R fwd and paddle ¼ turn L, touch R fwd and paddle ¼ turn L, touch R fwd and paddle ¼ turn L, touch R fwd and paddle ¼ turn L

#### S4. JAZZ BOX, FWD, KICK, BACK, TOUCH

**1,2,3,4** Cross R over L, step back on L, step R to the R, step L fwd

**5,6,7,8** Step R fwd, kick L fwd, step back on L, touch R together

#### S5. SIDE, TOGETHER, SIDE SHUFFLE, CROSS, BACK, SIDE SHUFFLE

**1,2,3&4** Step R to R side, step L together, step R to R side, step L together, step R to R side

**5,6,7&8** Cross L over R, step back on R, step L to L side, step R together, step L to L side

#### S6. CROSS, BACK, SIDE SHUFFLE, SIDE, TOGETHER, CHA CHA ¼ TURN L

**1,2,3&4** Cross R over L, step back on L, step R to R side, step L together, step R to R side

**5,6,7&8** Step L to L side, step R together, cha cha ¼ turn L on LRL

### **S7. FWD ROCK, RECOVER, COASTER STEP, STEP, PIVOT ½ TURN R, FWD SHUFFLE**

**1,2,3&4** Rock fwd on R, recover onto L, step back on R, step L together, step R fwd

**5,6,7&8** Step L fwd, pivot ½ turn R, fwd shuffle on LRL

### **S8. KICK BALL CHANGE (X2), STEP PIVOT ½ L (X2)**

**1&2,3&4** Kick R fwd, step down on ball of R, step L in place, kick R fwd, step down on ball of R, step L in place

**5,6,7,8** Step R fwd, pivot ½ turn L, step R fwd, pivot ½ turn L

**Happy dancing!**

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