

# Lose My Mind

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**Count:** 32

**Wall:** 2

**Level:** Beginner / Intermediate

**Choreographer:** Maria Stella Cupellini - Dec 2016

**Music:** Lose My Mind by Brett Eldredge

## Start dancing on lyrics

### RIGHT SAILOR, STOMP X3, RIGHT SAILOR TURN $\frac{1}{4}$ , SHUFFLE FORWARD

1&2 cross right foot behind left, step left to left side, step right together

3&4 stomp left together to right, stomp next to right, stomp left to left side

5&6 turn  $\frac{1}{4}$  right and step right behind left, step left to side, step right forward (h.3) (restart here at the 6° wall)

7&8 step left forward, step right together, step left forward

### SCUFF & HITCH, STEP BACK RIGHT -LEFT-RIGHT, TOE TOUCH BACK, SCUFF & HITCH $\frac{1}{4}$ TURN RIGHT, SLIDE, STOMP RIGHT

1&2 scuff right, hitch right, step right back

3&4 step left back, step right back, touch left toe back

5&6 scuff left,  $\frac{1}{4}$  turn right with left hitch, step left to side (h.6)

7-8 slide right beside left, stomp right next to left

### SYNCOPATED RUMBA BOX, SHUFFLE $\frac{1}{4}$ TURN RIGHT, SHUFFLE LEFT $\frac{1}{2}$ TURN RIGHT

1&2 step right to right side, step left together right, step right forward (restart here at 3° wall)

3&4 step left to left side, step right together, step left back

5&6 step right  $\frac{1}{4}$  turn right, step left together, step right forward

7&8 turn  $\frac{1}{2}$  right and step left back, step right together, step left in place

### RIGHT COASTER STEP, LEFT -RIGHT FORWARD, STEP $\frac{1}{4}$ TURN RIGHT, BOUNCE HEEL DOWN

**1&2step right back, step left beside right, step right forward**

**3-4step left forward, step right forward**

**5-6step left forward , turn  $\frac{1}{4}$  right on ball ( weight on left)**

**7-8bounce right hell down x2 with snap finger**

**Repeat.**

**RESTART & TAG :**

**At the 3rd wall after count 18 add 2 counts : stomp left , hold (weight on left)**

**At the 6th wall after 6 count ( h9.) replace shuffle forward with shuffle left  $\frac{1}{4}$  turn right ( h.12)**

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